

SAHAS Project

Promoting Economic and Social Conditions of People with Disability in the Madhesh Province of Nepal

OVERVIEW

Project Impact: Promote sustained and dignified livelihoods for People with Disabilities and enhancing economic resilience within communities with a gender-inclusive approach.

Project Details

Geographical Coverage

- Madhesh Province
- Mahottari district
- Aurahi, Bardibas, and Bhanga Municipalities

Sectors

- Disability Inclusion, Economic Development, and Gender Equality

Impact

- 70 People with disabilities
- Organizations of People with Disabilities (OPDs)
- Local government

Project Period

12 Months
(Jan 2025 – Dec 2025)

Donors

The City of Vienna, ADRA

Budget

Euro 60,000

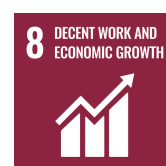
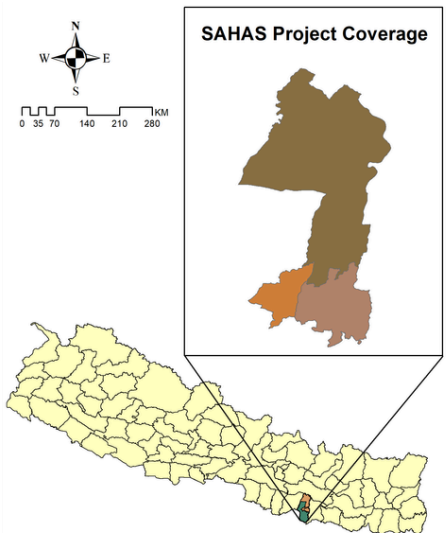
Implementing Partners

BWSN
Samriddha Nepal

Nepal is ranked 146th position in the Human Development Index (HDI), with an HDI value of 0.601 (Global Human Development Report, 2023). However, the HDI value of Madhesh province is 0.519, which is the lowest among the seven provinces of Nepal. According to the 2021 census, 2.25% (654,782) Nepali people have some form of disability, (women 299,893, men 354,889). In the Mahottari district there are 11,082 (male 6487 and female 4595) people with disabilities, representing 1.4% of the female population.

People with disabilities face widespread exclusion from education, employment, and essential services due to stigma, inaccessibility, and weak enforcement of legal protections. Women with disabilities experience even greater discrimination, facing barriers to justice, healthcare, and protection from violence. Despite constitutional and legal provisions, disability rights are often approached with sympathy rather than a rights-based perspective, and government plans and budgets rarely prioritize accessibility, empowerment, or self-employment. Discriminatory practices, social stigma, and lack of support contribute to high unemployment and poverty among people with disabilities. Strengthening economic empowerment through skill development, entrepreneurship, and access to resources is vital for fostering inclusive, resilient livelihoods, in line with the UN Convention on the Rights of Persons with Disabilities.

Geographical Coverage



PROJECT PARTICIPANTS



70 individuals
with
disabilities



3 Local
Governments



Organizations of
People with
Disabilities



**Adventist Development and
Relief Agency**
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PROJECT OUTPUTS



Key Outcome:

Increased quality of living for people with disabilities and their families through increased income, gender-inclusiveness, and empowerment at the local level.

Outcomes:

- Established a tailored livelihood enhancement program for people with disabilities, focusing on capacity building and improved service accessibility.
- Integrated GEDSI sensitization and gender based violence (GBV) prevention and response mechanism into economic empowerment initiatives.
- Established collaborative partnerships with self-help networks of people with disabilities for advocacy, raising voices for their rights, and increased participation in decision-making.
- Increased quality of living for people with disabilities and their families through increased income, gender-inclusiveness, and empowerment at the local level.

MAJOR ACTIVITIES



- Selection and capacity development of project participants in enterprise development and management through the conduct of a short-term Business Induction Package.
- Provide technical skill-based training to project participants through relevant service providers.
- Support the entrepreneurs with the required materials and inputs to start/strengthen their enterprises.
- Regular coaching and mentorship to entrepreneurs.
- Produce GEDSI-inclusive materials and conduct awareness programs.
- Organize and mark international days/events.
- Strengthening disability-inclusive GBV prevention and response.
- Strengthen and engage with the self-help network of people with disabilities.
- Provide assistive devices to people with disabilities.

APPROACHES

Capacity
Building for
Resilience

Right-Based
Advocacy

Organizational
Strengthening

Inclusive
Entrepreneurship

Inclusive
Access

ADRA works hard to ensure that our staff and partners operate at the highest standard to deliver quality programs. However, if you have any feedback or concerns with regard to the project, behaviour of staff or any irregularity, we kindly request you to contact us through email: complaint.register@adranepal.org or via toll free number: 1660-01-54251 (for NTC users) and mobile number 9847692456. We will maintain your confidentiality throughout the complaint management process.



समृद्ध नेपाल
Samridha Nepal