

IMPLEMENTATION AND SCALING UP
THE HIGH IMPACT PRACTICES
OF FAMILY PLANNING IN NEPAL

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SUPPORTED BY:



ORGANIZED BY:



Government of Nepal
Ministry of Health and Population
Department of Health Services
Family Welfare Division

Mobilization of FCHV in Family Planning services

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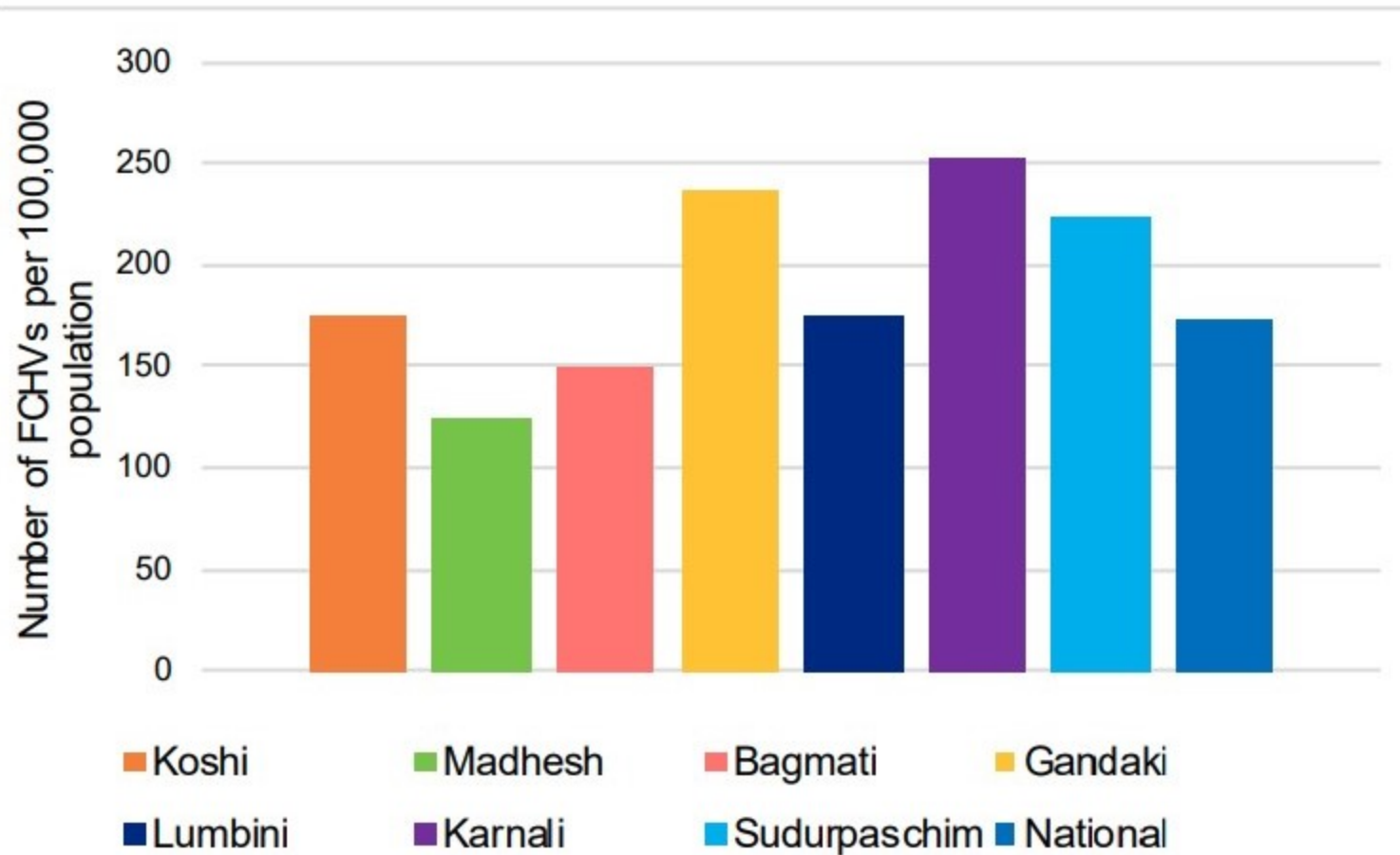
Division of Health Services

Female Community Health Volunteer (FCHV) Program

- In the year 2045/46 (1988), Government of Nepal initiated the FCHV Programme across 27 districts, eventually expanding its reach to encompass all 77 districts.
- Initially, a single FCHV was appointed per ward, with a subsequent shift to a population-based approach introduced in 28 districts in 2050 B.S.
- The goal of the program was **to improve the health of local community peoples by promoting public health**. This includes imparting knowledge and skills for empowering women, increasing awareness on health related issues and involving local institutions in promoting health care.

Cont'd

- FCHVs are selected through health mothers' groups.
- The primary role of FCHVs is to advocate for mothers and community members, promoting healthy behaviors related to safe motherhood, child health, **family planning**, and other community-based health issues and services.
- In FY 2079/80, around 51,423 FCHVS are actively contributing to healthcare in Nepal with approximately 174 FCHVs per 100,000 populations.



FCHV per 100,000 population FY 2079/80

Objectives

- To mobilize a pool of motivated volunteers to connect health programs with communities and to provide community-based health services.
- To activate women to tackle common health problems by imparting relevant knowledge and skills.
- To increase community participation in improving health.
- To develop FCHVs as health motivators.
- To increase the demand of health care services among community people.

FCHV Training

- Initially, FCHVs underwent an 18-day training.
- From FY 2077/78, the training package was revised to
 - 10 days of basic training .
 - 4 days of refresher training every four years.
- Detail content of Family planning is included in FCHV Hand Book.**

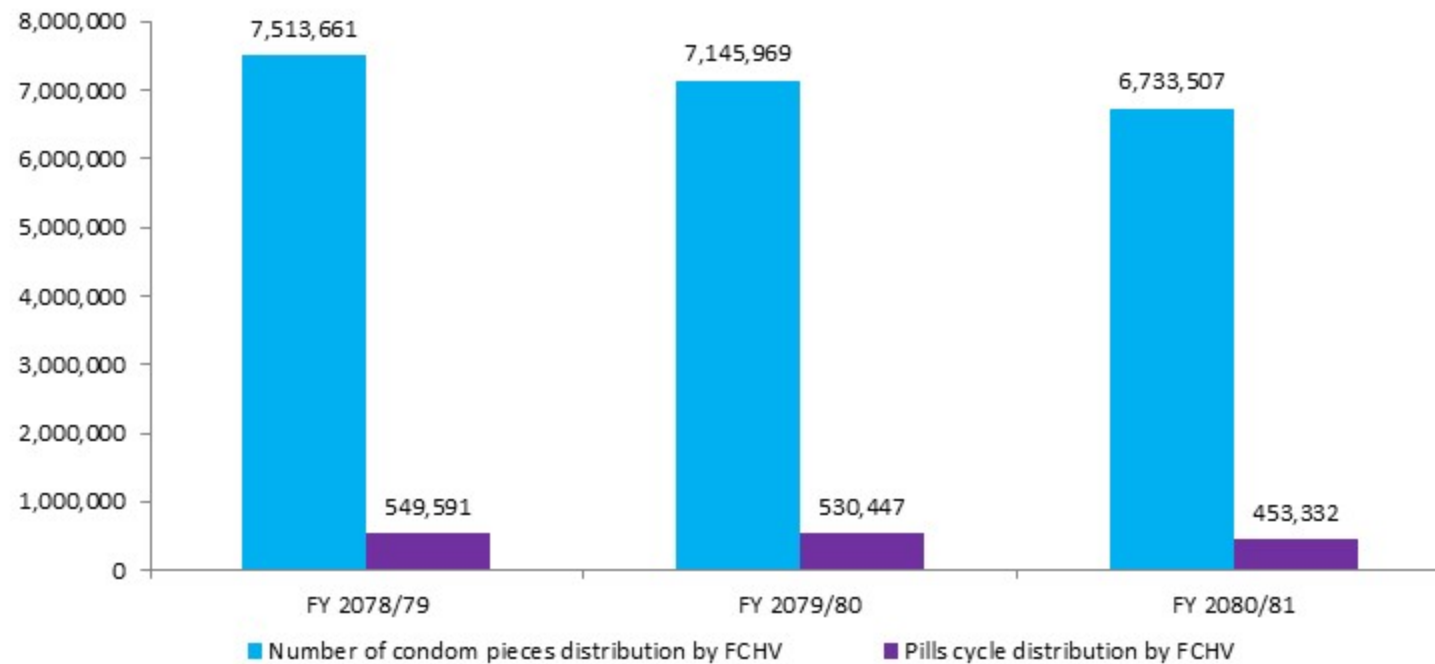
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FCHV's contributions in Family planning services

- Distribution of the FP commodities (refill pills and distribute condoms)



Issues and Challenges

- Recording and Reporting of FP services provided by FCHV.
- Shortage of FP commodities (according to FCHV).

Way forward

- Regular supervision and monitoring.
- Regular supply of FP commodities.

Thank You

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