



ANNUAL REPORT 2019

Annual Report 2019

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Message from **COUNTRY DIRECTOR**

ADRA has been serving in Nepal through humanitarian and development programs for over 30 years, with a focus on helping vulnerable communities and people. We strive to improve the world in which we live, and to serve humanity so all may live as God intended. Most of all we serve with justice and without discrimination; with compassion and understanding of individual circumstances; and with love for the people of Nepal.

ADRA supports Nepal in four key areas – Health, Livelihood, Education, and Disaster Risk Management (DRM).

In 2019 we have seen an increasing need in the Health sector, particularly for Family Planning, adolescent and new-born services. We are working closely with the government of Nepal in supporting health initiatives and facilities in remote districts, to progress the UN Sustainable Development Goals.

ADRA has also been privileged to host the first ever National Family Planning Conference in Nepal with support from partners, donors and the government. The level of engagement for the conference, and the focus on women's rights and effective family planning is encouraging for the future.

In our livelihood sectors, we are increasing our focus on Climate Change initiatives – which is particularly important for our rural communities, and protects vulnerable natural resources. The ever-increasing focus on our stewardship of resources has provided exciting opportunities to educate communities and change farming practices, resulting in healthier eco-systems as well as increases in incomes.

Our education portfolio has continued to uphold learning as a key pillar of success for young people, and as a priority investment for all. Our focus on education as a cross-cutting theme ensures that we continue refining and adapting our projects and learning from past experiences.

As Nepal continues to be affected by natural disasters, ADRA's humanitarian response has provided relief materials to several households who are in need. Strategically, we expect a greater focus on regional disaster responses throughout Asia in the coming years.

ADRA Nepal has been supported by numerous organisations this year, and it is with gratitude that I thank each of our development partners including the government of Nepal, our donors, and our implementing partners. This Annual Report reflects our major activities throughout 2019, the beneficiaries and communities we serve, and the hard-work by staff and supporting organisations throughout the year.

Mr. Leighton Fletcher
Country Director

Our Motto

Justice. Compassion. Love.

Our Values

Connected. Courageous. Compassionate.

What We Do

Adventist Development and Relief Agency (ADRA) is a global humanitarian organization of the Seventh-day Adventist Church. Since its inception in 1956, ADRA has been delivering relief and development assistance to individuals in more than 130 countries through its strong global network. ADRA has operated in Nepal since 1987 with its interventions in health, livelihoods, education and Disaster Risk Management (DRM). By partnering with local communities, organizations, and government, ADRA Nepal delivers relevant programs and builds local capability for sustainable change. ADRA Nepal serves people in need regardless of their ethnicity, political affiliation, gender, or religious association. ADRA Nepal has reached 60 of 77 districts through various programs since its operation.

Impact Area











HEALTH

-  Reproductive Health/Family Planning Service Delivery
-  Health System Strengthening
-  Capacity Building of Health Service Providers
-  Advocacy for Reproductive & Adolescent Health
-  Partnerships with NGOs, Private Sector and Government in Health and Reproductive Health/Family Planning
-  Research and Innovation



LIVELIHOOD

-  Production and Productivity of High Value Commodities
-  Food and Nutrition Security
-  Enterprise and Entrepreneurship Development
-  Capacity Building of Local Service Providers
-  Access to Finance
-  Community Infrastructures
-  Capacity building in leadership skills and resource leveraging
-  Marketing and Market System Strengthening



DRM (DISASTER RISK MANAGEMENT)

-  Urban/Rural Community- based Disaster Risk Management
-  School-based Disaster Risk Management
-  Disaster Risk Management (DRM) Governance
-  Policy Research and Development
-  Capacity Building on DRM
-  Humanitarian Response



EDUCATION

-  Formal Education Support to Deprived Children
-  Facilitation in Policy Implementation
-  Vocational and Skill Enhancement Training for Youth
-  Public School Infrastructure Development
-  Promotion of Child Education Rights

2019 - AT A GLANCE

People reached
178,317



73,491



104,826

Health



130,437

DRM



39,502

Livelihood



7,690

Education



688

ADRA NEPAL
PROGRAMS
CONTRIBUTE TO

1 NO
POVERTY



2 ZERO
HUNGER



3 GOOD HEALTH
AND WELL-BEING



4 QUALITY
EDUCATION



5 GENDER
EQUALITY



10 REDUCED
INEQUALITIES



11 SUSTAINABLE CITIES
AND COMMUNITIES



13 CLIMATE
ACTION



PROJECTS

17

Health



6

DRM



5

Livelihood



4

Education



2

BUDGET

\$ 3,064,806

\$ 342,712

\$ 61,213

Health



\$ 2,093,237

DRM



Livelihood



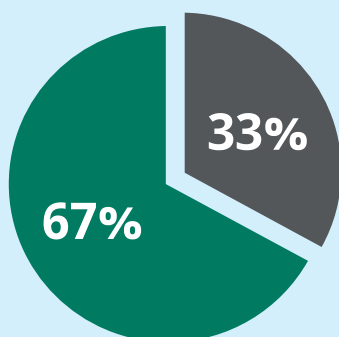
\$ 567,644

Education

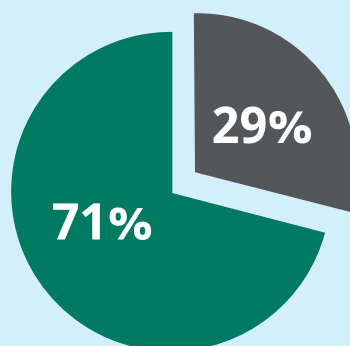


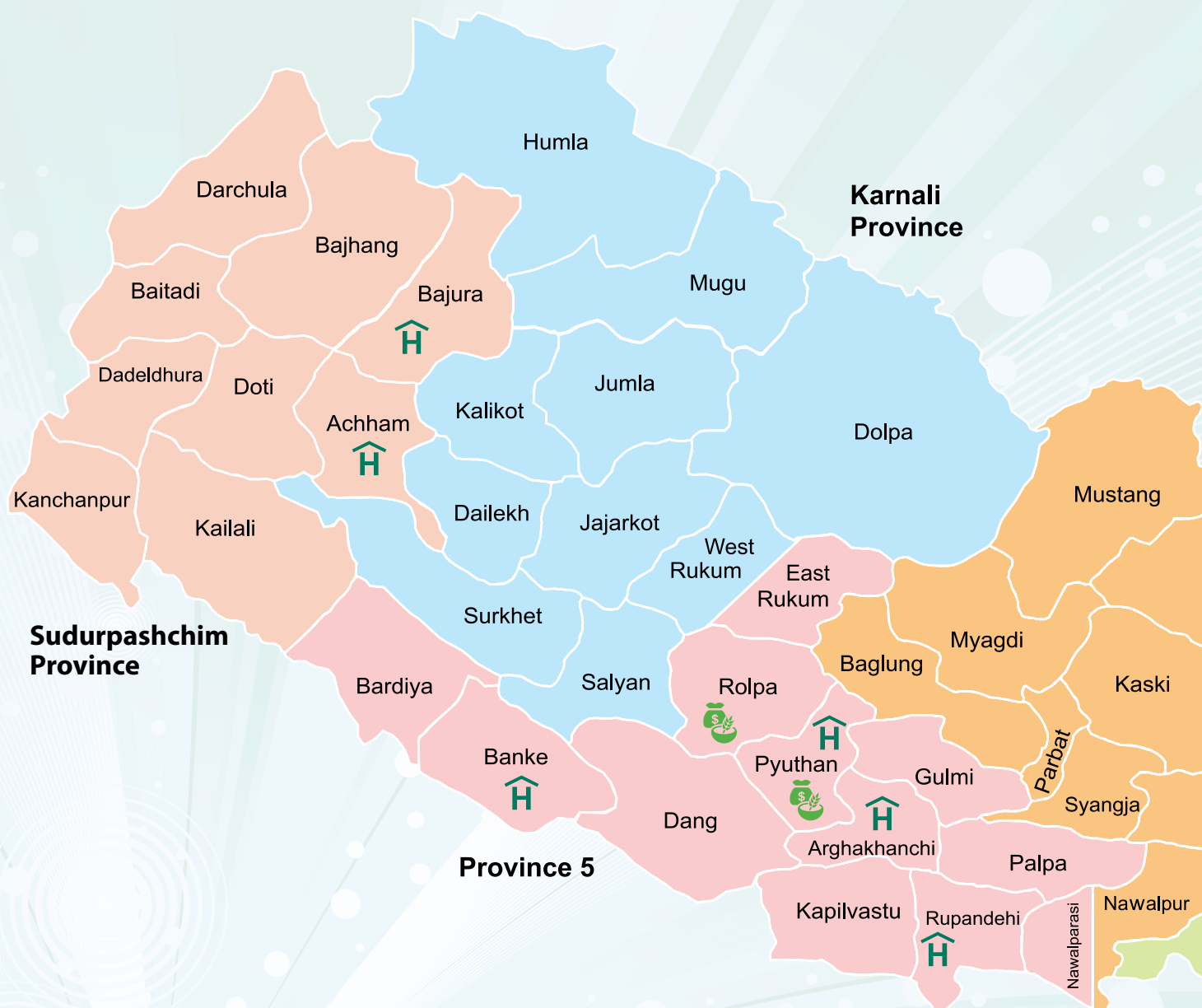
HUMAN RESOURCE

100%







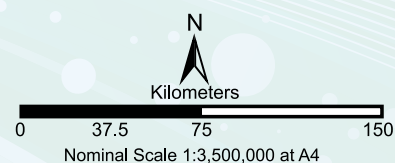
Country Office
Field Office





Working Areas

	Health 	DRM 	Livelihood 	Education 
Provinces	4	2	2	1
Districts	11	8	3	4
Local Governments	102	15	10	10
Wards	334	40	43	16





HEALTH

3 GOOD HEALTH
AND WELL-BEING



5 GENDER
EQUALITY



Photo: © 2019 ADRA | Menuka Baral

People reached

130,437



83,567



46,870



PROJECTS



PROVINCES

(Sudurpashchim & Provinces 1, 2 & 5)



DISTRICTS



LOCAL
GOVERNMENTS



WARDS



Health Institutions

261 | Health institutions strengthened
(Hospital & Health Center)



Awareness Raising

48 | Rupantaran
(Girls Education)
groups

79 | Awareness
raising events

1,315 | Rupantaran
(Girls Education)
participants

12,423 | People receiving awareness
on health practices



Camps/AFS

17 | Sites of
FP Camp

7 | Outreach
Camps

131 | Adolescent-Friendly
Service Sites



Populations reached

120,098



Service User

Modern methods of contraceptives **7,285**

Maternal and neonatal health service **2,500**

Nutritional Support **100**

Counseling **11,010**

Treatment of Pelvic Organ Prolapses (POP)

Screening for Uterine Prolapse **1,149**

Conservative Management of PoP **274**

Surgery for critical cases **55**



Capacity Building

304 | Health Facility Operation
Management Committee members

2,861 | Female Community Health
Volunteers (FCHVs)

60 | Local Government
representatives

1,248 | Health Service
Providers

80 | Supply Chain
representatives

Taking Family Planning to New Generation



Mona (right) counseling a married adolescent. Photo: © 2019 ADRA | Kajol Upadhyaya

Mona Singh, 21, spends hours in advocating for girls' education in her community. This is not just her daily routine, but something that makes her feel good for creating certain impact in the community. A girl from Rajdevi municipality in Rautahat district discontinued education after passing out School Leaving Certificate (SLC) due to poor economic condition of the family. Despite discontinuation of formal education, she has been able to create a respectful position in the society for raising awareness among adolescent girls and their parents about the importance of educating girls.

In the last six months, she approached to the parents of 60 girls who were deprived from education to bring them to Rupantaran (transformation) class, a Social and Financial Skills Package targeted to the adolescent girls for their empowerment.

Parents marry off their daughter when they have not even crossed teenage in unprivileged Terai communities. Getting married at early age results into many negative impacts and troubles for such girls. ADRA Nepal has been conducting Rupantaran class to educate girls on life skill as part of its family planning program. However, bringing together Muslim girls to run a class is not possible without someone like Mona who is passionate to reach door to door and deal with parents to break taboo related to girls' education. "When I joined ADRA as social mobilizer, I was trained on ways to approach guardians of the girls. Initially they just mocked at me when I would to request them to send their girls to rupantaran class," she shares, "When I invited some parents to observe the class, they realized the importance of such classes,"

"I have brought 60 girls to Rupantaran training. After receiving training, they have stood firm against early marriage and guardians have also realized importance of education," shares Mona. Mona has become a role model in her community as guardians have started to tell their daughter to be like "Mona".

NCFP: a Landmark on Family Planning



Photo: © 2019 ADRA | Shreeman Sharma

Organized by Government of Nepal, Ministry of Health and Population (MoHP) and Family Welfare Division (FWD), ADRA Nepal hosted National Conference on Family Planning (NCFP) 2019 with the theme “Reaching the Unreached” with support from United Nations Populations Fund (UNFPA)/DFID in collaboration with 20 organizations working in family planning sector in Kathmandu on 18-19 March 2019. The conference endorsed Kathmandu Declaration on National Conference on Family Planning 2019. The conference set a landmark in sharing knowledge and garnering commitments to increasing reach of family planning services to meet FP 2020 commitments.



Photo: © 2019 ADRA | Shreeman Sharma

Kathmandu Declaration National Conference on Family Planning 2019

The National Conference on Family Planning (NCFP) planned for March 18-19, 2019 organized by Government of Nepal, Ministry of Health and Population (MoHP) and Family Welfare Division (FWD) with the support from the United Nations Populations Fund (UNFPA), ADRA Nepal, along with 20 other organizations working on family planning (FP) sector, had 350 participants from all over the country, 30 and above presentations, 28 Poster Presentations and four Plenary Sessions embedded on the important theme “Reaching the Unreached” has been successfully completed.

Internalizing the contributions of family Planning for overall national development, several commitments have been declared which are as follows:

1. Conducting social mapping to identify the community who do not have access for family planning services and assessing the geographical remoteness to expand the services for targeted beneficiaries through innovative approaches.
2. Assuring the sexual and reproductive health rights and increasing the investment on family planning services aligning with FP2020 commitments
3. Strengthening the provincial and local level system in the context of federalism and accordingly restructuring the system of FP service provision
4. Lobbying for mandatory inclusion of comprehensive sexuality education in the school curriculum
5. In partnership and coordination with the local and province level, placement of one nurse in every school for reproductive health service provision
6. To ensure the reach of FP services among all, expanding the FP services in effective collaboration and partnership with private sectors

LIVELIHOOD



People reached

7,690



6,274



1,416



PROJECTS



PROVINCES

(Bagmati and Province 5)



DISTRICTS



LOCAL
GOVERNMENTS



WARDS



Farmers groups

205 | Farmers Groups

Male



917

Female



5,497

Adolescent



413

6,414 | Farmers Group Members



Financial Activities

205 | Groups with saving practice

120 | Groups with revolving fund/match fund



Support

21 | Material

860 | Livestock-based

1,150 | Fodder and forage plantation

891 | Agriculture-based

98 | Challenge fund

207 | Technology



Health Camps

12 | Livestock

1 | Plant



Capacity Building

8	Entrepreneurship skill	36	Women activist	194	Result Oriented Leadership Development Program (ROLDP)		
118	Service providers	1,864	Improved agriculture practices	20	Community based DRM	12	Vocational training



Plan

54	Business Plan developed	29	Challenge Projects	12	Local level Adaptation Plan of Action (LAPA)
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Awareness

1,100	Reach through awareness raising activities
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Infrastructure

4	Irrigation schemes	17	Water harvest ponds	8	Nursery centers
10	Multiple use water systems	1	Collection center		

Improving Livelihoods

I am Anju Tamang. I lead Rairang Goat in Farmer's Group as a chair in Dhading district. I commercially started goat keeping practices three years ago when FOSTER project formed a group in our village and encouraged us to initiate commercial goat keeping with necessary support. I got training on improved goat shed and also received seed for forage. I did not have an idea about improved goat keeping practice until I learnt about it from FOSTER project. I used to keep goats in a small shed by making a wooden fence inside the house and sell too young lambs to solve immediate household needs. I hardly earned rupees 10,000 a year. But now, I have built improved goat shed. I grow lambs and castrate the bucks. I have planted forage for them. In last three years, the number of goats has increased from three to fifteen. In last four months, I earned rupees 50,000 by selling goats. Not only me, many farmers in my village have been attracted towards commercial goat farming.

(Based on conversation)

Knowing to Negotiate



Photo: © 2019 ADRA | Purna Lal Shrestha

Members of Swargadwari Women Development Group in Jogimara Pyathan used to sit in a circle beneath a tree when they had to meet and discuss on any community issue. During unfavorable weather conditions, they used to gather in a house of a member from the group. “Lack of office building, meeting used to get disturbed, we also lost a few documents,” said, Kamala Rokaya, secretary of the group, “This compelled us to think of constructing community building but we lacked idea of getting resources.”

When they were going through such situation, some group members including Kamala got chance to participate in six-month class where they learnt about negotiating and generating resources. “During the training we had to develop a challenge project. We decided to build a community building. GOAL Project initially provided Rs 20,000. Mothers' Group contributed Rs. 5,000.” She shared “Then, we presented file to the ward office and demanded budget.” The ward provided Rs 50,000 and villagers contributed labor in kind. “After the construction of building, we have been able to conduct meeting in safe environment,” she said.

Model Farmer

From her journey as a militant of a revolutionary group to a daily wage labor, suffering ruled her most of the time. Today, Laxmi Khatri, 38, has emerged as a leader in farming practices in Sunil Smriti rural municipality-1 of Ghodagau Rolpa. In the year 2014, Laxmi enrolled in the group formed by GOAL project where she participated in 6 month long entrepreneurship class that inspired her to start commercial farming.

“After attending capacity building and skill based trainings, we established poultry farming and started to sell fresh meat,” she said, “we also bought a drip irrigation, started vegetable farming and expanded grocery by taking loan from group.” Now her family is growing vegetable in three plastic tunnels. Hard work paid off as her family earn Rs 250,000 from grocery shop, around Rs 85,000 by selling snacks, and 50,000 from vegetable farming annually.

Her livelihood has improved with an average annual income of Rs 350,000. She has established her identity as a model farmer in the community.



Photo: © 2019 ADRA | Madan Gharti

DISASTER RISK MANAGEMENT

11 SUSTAINABLE CITIES
AND COMMUNITIES



13 CLIMATE
ACTION



Photo: © 2019 ADRA | Rupendra Basnet

People reached

39,502



19,440



20,062



PROJECTS



PROVINCES

(Bagmati & Province 2)



DISTRICTS



LOCAL
GOVERNMENTS



WARDS



Awareness Raising

29

| Events

563

| People
reached



Capacity Building

1,125

| People
reached

DRR Practices

16

| Simulations



Information Technology



Mobile
app



DRR
portal

e-DRR



Institution Strengthening

6

| Schools

2

| Health Posts

6

| Local
Governments

14

| Committees

(Search and Rescue, Safety and First Aid materials and equipment)



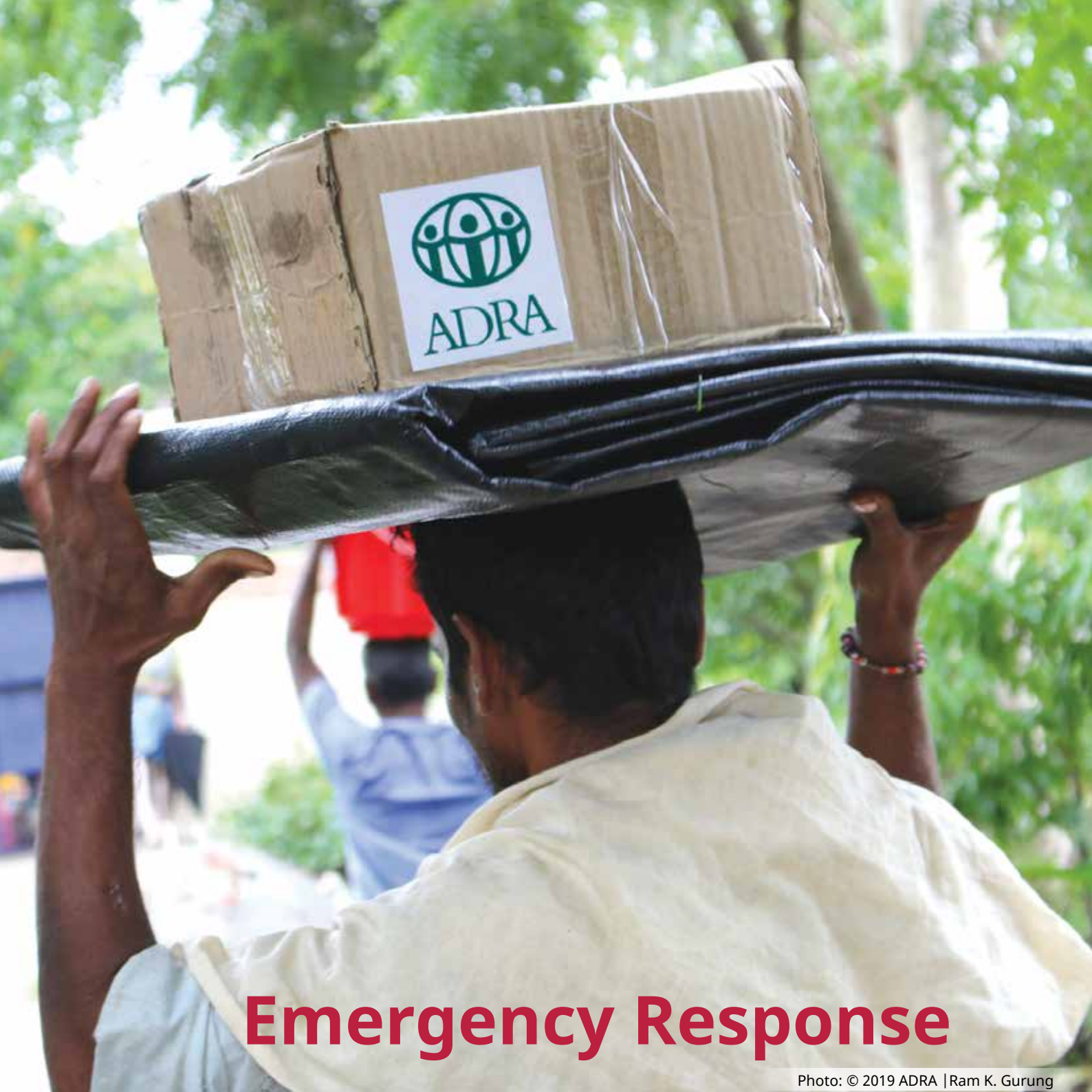
Toolkit and Curriculum

1

| Toolkit

1

| Curriculum



Emergency Response

Photo: © 2019 ADRA | Ram K. Gurung

5,230 HHs	Relief materials	152	Person with disabilities	18	Response personnel capacity building
3,700	Food items (HHs)	5,230	Non-Food items (HHs)	380	Pregnant and lactating women

Lending Helping Hands

The flood in July 2019 left thousands of families homeless in southern part of Nepal. The flood also swept away food grains and crops. In its second round of relief support, ADRA reached out to 3,700 households in Dhanusha, Mahottari, Sarlahi and Rautahat district with food and non food items in October 2019. ADRA supported relief materials in the most affected communities that remained unreachable after the flood in July.

“The festive seasons like Diwali and Chhat were approaching but most of the families in our community did not have sufficient food as flood swept away crops planted in the fields and damaged food grains stored in the house,” Nishchi Devi from Dhanusha District Musaraniya rural municipality ward number 6 said after receiving the relief materials, “In such situation we got relief material, it will greatly solve our problem.”

The materials included 30 kg rice, 5 kg of Lentils, 1 kg of soya chunks, 2 liter oil, 1 kg salt, 2 matrasses, 2 bed sheets and 2 mosquito nets among other.

The relief assistance was funded by the Government of the Hong Kong Special Administrative Region.



Photo: © 2019 ADRA | Kim Eweg



Impact Story

From Rubble to Resilience

Photo: © 2019 ADRA | Sharada Basyal

A massive earthquake of 7.8 magnitude shook Nepal on 15 April 2015 and destroyed or damaged around 9,000 schools and 30,000 classrooms. Almost one million children were out of school in the immediate aftermath and the quake was followed by a major aftershock on 12 May 2015. Situated in Bhumlu Rural Municipality of Kavre district, Prakash Higher Secondary School was not an exception.

"When I visited my school after the quake, it had turned to rubble," said Sagar Khadka, a student at grade 9.

"ADRA established temporary learning center within two weeks and later constructed eight classrooms. BURDAN Project helped us a great deal with training on disaster risk reduction," said Ramesh Kharel, chairperson of school management committee, "Not only the physical reconstruction, BURDAAN Project has helped implement Safe School Framework as well,"

Aayushma Upreti, a 8 grader said that she learnt technique to keep herself safe during disaster after receiving training. "BURDAN Project has provided various training to us including first aid training. We are now capable to respond and provide first aid during occurrence of any disasters in our school and village." Prakash secondary school is one of the schools ADRA Nepal worked with to strengthen resilience capacity.

EDUCATION

4 QUALITY
EDUCATION



Photo: © 2019 ADRA | Santosh KC

People reached

688



280



408



PROJECTS



PROVINCE
(Bagmati)



DISTRICTS



LOCAL
GOVERNMENTS



WARDS



19
Schools



11
Volunteer
mobilized



298
Scholarship
support

	105
	193



1
Early Childhood
Education Development
supported school



390
Children benefitted from
infrastructure support

Spreading Inspiration

Dikshya Thapa, 21, recalls how hard it was for her to embark on career journey as a girl from a poor family. Dikshya completed School Leaving Certificate (SLC) exam from Shree Khokana Secondary School, a public school located in Dakshinkali Municipality, some 10 kilometers away from Kathmandu, in 2014. But this journey was not easy.

“I am third daughter of my parents. Sending us to English Medium School was not possible for them because of the economic condition. I felt a bit difficulty in learning English,” she recalls, “Managing uniform, school fee and stationeries for three daughters was not easy for my parents.”

When she was at grade five, a school teacher told her a good news that she will get uniform, books, stationery and fees as scholarship.

“I came to know that the school selected me for scholarship scheme after ADRA approached to the school for support to children from poor family. After getting scholarship from ADRA, I concentrated on my study till grade 10,” she shares.

After completing SLC, she joined Proficiency Level in nursing at Green Tara College of Health Science under scholarship scheme. “The total fee was nine hundred thousand rupees but college waived eight hundred thousand rupees and ADRA provided remaining one hundred thousand rupees,” she says.

After completing PCL Nursing, she saw an advertisement for recruitment of nurse in an Armed Police Force (AFP) hospital. She applied for the position and got her name published in the first attempt amidst tough competition.

“Being a combat nurse was not easy, tough training, physical exercise was tiring but gradually I became familiar to it.” She shares.

Dikshya has become a role model her community. “It feels good when my teachers present me as an example to encourage children in the school where I competed my secondary education.” Dikshya feels that even a small assistance may create a spark in the lives of children from poor family background.

ADRA Nepal has been providing scholarship to 300 unprivileged children in Kavre, Kathmandu and Lalitpur districts to help them continue school education.



Photo: © 2019 ADRA | Santosh KC

HIGHLIGHTS

Certificate of Honour



Photo: © 2019 ADRA | Santosh KC

Rt. Honorable Vice President Nanda Kishor Pun handed over Certificate of Honor to ADRA Nepal, on behalf of Nepal Leprosy Relief Association (NELRA), in recognition of ADRA's contribution to helpless and homeless leprosy affected families' rehabilitation in different communities in Nepal. ADRA Nepal Acting Country Director Ms Bidya Mahat received the certificate amidst a function in Kathmandu organized on the occasion of Golden Jubilee of NELRA on 17 May 2019.

Closing of GOAL and BURDAN

Following a successful completion of Good Governance and Livelihood (GOAL) and Building Resilience to Disaster Effected Communities (BURDAN) project, ADRA Nepal organized a learning sharing event in Kathmandu on 8 July 2019.

Funded by Australian Aid and ADRA Australia and implemented in partnership with RUPANTARAN, FIRDO Nepal, RUDAS Nepal, and RIMS Nepal, GOAL project was implemented in Dhading, Pyuthan and Rolpa district from 2014 to 2019.

A total of 11,583 people have been benefited by running their own business, accessing challenge project funds and investing in climate change adaptation interventions under GOAL Project.

Similarly, funded by ADRA Network, BURDAN Project was implemented in partnership with Nangshal Association, National Disaster Risk Reduction Center and Rural Mutual Development from 2016 to 2018 in Dhading and Kavrepalanchok districts. A total of 5,700 people have been directly benefited by the project through awareness- raising activities, capacity building training, emergency tool kit, local disaster and climate resilient plan formation, vulnerability and capacity assessment among other.

Speaking in the function as a Chief Guest, Member Secretary of Social Welfare Council (SWC) Rajendra Kumar Paudel said that he was happy to know the impact of ADRA Nepal's project and asked development partners to focus on the activities that help government of Nepal for long term solutions of development problems.



Photo: © 2019 ADRA | Shreeman Sharma

Government Endorses DRR Toolkit

Ministry of Local Development and General Administration has endorsed Urban Disaster Risk Reduction Toolkit developed under Safer City Project run by a consortium of ADRA Nepal, Dan Church Aid, World Vision International and Lutheran World Relief. The tool kit was developed as per the MoU signed between the Ministry of Federal Affairs and General Administration. The tool kit offers tools and methodologies to assess urban vulnerability and also supports in alleviating the risk among urban dwellers. The tool kit is useful for DRR practitioners, professionals, academia and learners. Minister for Federal Affairs and General Administration Hridayesh Tripathi launched the tool kit amidst a function in Kathmandu.



Photo: © 2019 ADRA | Ram K. Gurung

Projects Awarded



Photo: © 2019 ADRA | Kabir Ratna Sthapit

ADRA Nepal has been awarded two projects entitled “Local Initiatives to Reduce Impacts of Climate Change (LIRIC) and Generating Opportunities in Agriculture and Livelihoods (GOAL-II).

LIRIC is a civil society engagement project funded by European Commission that will run for 42 months. The project aims at contributing towards reduced poverty and secured livelihoods in eight Local

Governments of Mahottari and Dhanusha districts of Province 2.

Funded by Australian Government through DFAT, and ADRA Australia, GOAL-II aims at empowering women and increasing income of poor and vulnerable people of Swargadwari Municipality of Pyuthan and Runtigadhi Rural Municipality of Rolpa district.







Photo: © 2019 ADRA | Shreeman Sharma

Experience of Donating through ADRA

Opinion



Dr. Angie Schuttz

My name is Dr. Angie Schuttz. I am a veterinarian from the United States. I travelled with ADRA Nepal to southern part of Nepal that borders with India in the third week of November 2019. We travelled to some remote villages there. My parents donated some money to ADRA Nepal and Help International for the purpose of building birthing centers in poor and remote villages where there is no access to health care.

I believe that investing in women, their health and wellbeing, is improving the community. When it comes to women's health, pregnancy, labor and delivery is essential. Women are dying in childbirth. And, that is really should not happen.

It's pretty heartbreaking to see the condition of women in southern part of Nepal. Personally, if I was in that situation, I would want someone to reach out to me and help me.

During my travel to southern part of Nepal, I understood what type of life people live and how desperately poor they are. It was nice to see that just a

birthing center can change their lives. And, we know that birthing center, medical and health care is at the most basic level. It's motivating for the people who like to donate because when you donate, literally you are saving lives.

I was impressed with the management and construction by the team, ADRA Nepal. The facilities that were built with the donations were standard.

Nepal is a fascinating place. There is a lot of diversity which really surprised me. There is religious and ethnic diversity. People of Nepal impressed me. They are happy to tell me about their country, they are proud to their heritage. They poured out hospitality to me. They are warm and welcoming.

I would say that if you are interested in donating, certainly you must donate through ADRA. People in ADRA are doing an incredible job. They have maintained transparency by keeping the community informed about how they have managed the resources. So, you should not hesitate to donate.

(The family of Dr. Angie donated to build two birthing centers in Sarlahi district.)

ACKNOWLEDGEMENT

ADRA nepal expresses sincere thanks to government of Nepal, funding agencies, ADRA Network, private donors, NGO partners, consortium members and people it worked with throughout the year of 2019 for their kindness and cooperation to lead ADRA Nepal program towards success.

FUNDING PARTNERS



Implementing Partners



Consortium Partner



Team

ADRA Nepal brings together a total of 109 full-time staffs to manage country programs. The team includes technical leaders and program staffs for livelihoods, health, disaster risk management and business development; and highly competent professionals with different roles and responsibilities including administration and finance, monitoring and evaluation, and communications. ADRA Nepal's robust program management structure and systems ensure accountability and transparency at all level. Meaningful gender representation within the organization and across the programs is a key priority of ADRA Nepal human resource policy.

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Compassion
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