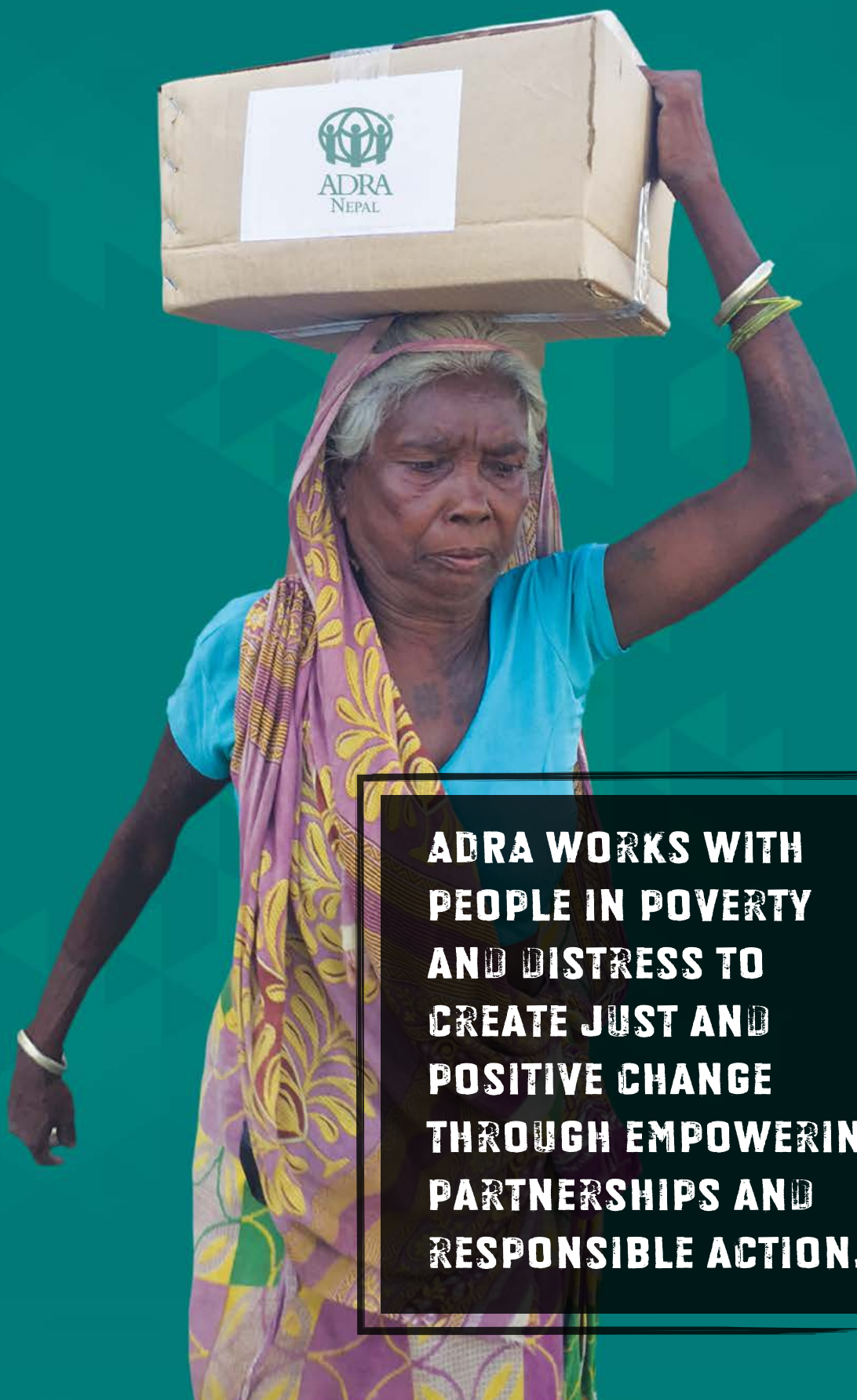


2018

ANNUAL REPORT



**ADRA WORKS WITH
PEOPLE IN POVERTY
AND DISTRESS TO
CREATE JUST AND
POSITIVE CHANGE
THROUGH EMPOWERING
PARTNERSHIPS AND
RESPONSIBLE ACTION.**

MESSAGE FROM THE COUNTRY DIRECTOR



Last year, we commemorated the 30th anniversary of Adventist Development and Relief Agency- ADRA Nepal. One more year has been completed now. As the years pass on, we have felt added responsibility to serve people in Nepal. We had begun services in the year of 1987 with a focus in health sector. Today as per the needs of community and priority of the government of Nepal, we have expanded to multiple sectors. Currently, our programs are focused on Health, Livelihood, Disaster Risk Management and Education.

Our initiatives have been closely connected to the long-term development priorities set by the government of Nepal that put emphasis on the Sustainable Development Goals (SDGs).

In the year 2018, we worked on different projects under four core themes ADRA Nepal has been working with as per its strategic direction. Some of the projects built on our previous initiatives targeted to the communities affected by the devastating earthquake of 2015 as its impacts on agriculture, education, and health sector remained critical.

We work with people in poverty and distress to create just and positive change through empowering partnerships and responsible action. While translating this vision to an action, we have been indebted to several organizations and individuals. I would like to thank all the development partners including the government of Nepal, multilateral and bilateral organizations, ADRA International and ADRA supporting offices, consortium partners, implementing partner NGOs and people we worked with throughout the year and ADRA Nepal colleagues for their continuous support and commitments.

This annual report will provide with information about our major initiatives of 2018 including the introduction of the project, people we reached, major activities and the stories of the people we served among other.

Happy reading!

A handwritten signature in black ink, appearing to read 'Yuba Raj Chaudhary', with a horizontal line underneath.

Yuba Raj Chaudhary
Acting Country Director
ADRA Nepal

ABOUT US



Adventist Development and Relief Agency (ADRA) is a global humanitarian organization of the Seventh-day Adventist Church. Founded in 1956, ADRA has a long and successful history of providing humanitarian relief and implementing development initiatives. ADRA's mission is to work with people in poverty and distress to create just and positive change through empowering partnerships and responsible action. ADRA Nepal, one of the members of global ADRA Network, was established and has been operational in the country since 1987. ADRA Nepal is registered with the government of Nepal, Social Welfare Council. Initially, its activities were focused to the health services including clinical intervention. But responding to the development needs, it gradually upscaled services in the area of education, health, livelihoods, Disaster Risk Management and cross-cutting theme. Now our programs have been connected to the regular long-term development programs, making sure that the communities we work with are able to empower themselves to strengthen their livelihoods, access health services and educate their children.

LEGEND

-  Disaster Risk Management
-  Education
-  Health
-  Livelihood

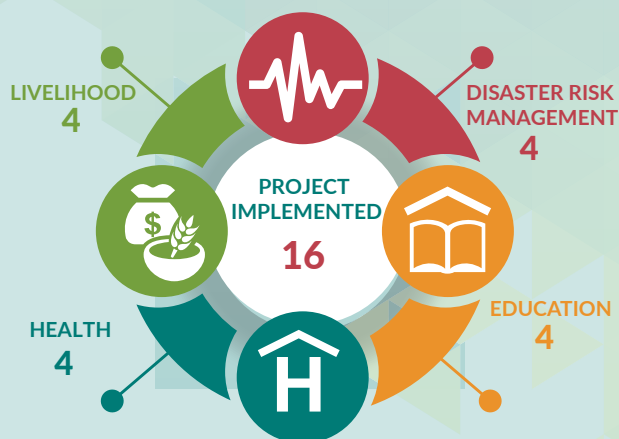


ADRA NEPAL 2018

SUPPORTED POPULATIONS



198,269



122,629



59,817



14,025



1,798

GENDER-WISE REACH



34,332

25,485



5,176

8,849



831

967

WORKING AREA

District Municipality Ward

21

225

1350



11

52

342



3

11

35



4

13

19



39

301

1,746

T

BUDGET USED



\$ 483,253.31



\$ 113,298.14



\$ 1,826,048.25



\$ 993,444.72

TOTAL BUDGET

\$ 3,416,044.42

ADRA -SUPPORTED SUSTAINABLE DEVELOPMENT GOALS

SUSTAINABLE
DEVELOPMENT
GOALS

1 NO
POVERTY



2 ZERO
HUNGER



3 GOOD HEALTH
AND WELL-BEING



4 QUALITY
EDUCATION



5 GENDER
EQUALITY



6 CLEAN WATER
AND SANITATION



8 DECENT WORK AND
ECONOMIC GROWTH



10 REDUCED
INEQUALITIES



11 SUSTAINABLE CITIES
AND COMMUNITIES



13 CLIMATE
ACTION



DISASTER RISK MANAGEMENT



FOCUS OF OUR DRM PROGRAM

- Urban/Rural Community- based Disaster Risk Management : Risk reduction, mitigation, emergency preparedness, early recovery, full-fledged recovery
- School-based Disaster Risk Management: Awareness and sensitization, retrofitting (structural and non structural), DRM in education, community outreach through school children
- DRM Governance
- Policy Research and Development on DRM
- Capacity Building of Concerned stakeholders in DRM

SUPPORTED SUSTAINABLE DEVELOPMENT GOALS



34,332



25,485



59,817

**PROJECT 4 DISTRICT 11
MUNICIPALITY 30
RURAL MUNICIPALITY 20
METROPOLITAN CITY/SMP 2
WARD 342**

6

Disaster Information Management

1

Mobile Application Development

1

Municipality Emergency Operation Centre

2

Municipality Stockpiling of First Aid Materials

2

Emergency Support Desk

3

Weather Station

2

DRR TOOLKIT DEVELOPED

50

DRILLS/ SIMULATION

**25 DAY CELEBRATION
EVENTS/CAMPAIGN**

4 PUBLIC SERVICE ADVERTISEMENT

49 FIRST AID TRAINED
(20 FEMALE, 29 MALE)

30 COMMITTEES
(FIRST AID MATERIAL
SUPPORTED)

CAPACITY BUILDING

31
GIS training

59,817
DRR related activities

 34,660  25,157

43
Result Oriented Leadership
Development Program
(ROLDP)

 14  29

5 DISASTER RESILIENT
SCHEME

2 REHABILITATION OF
POND

1 CONSTRUCTION OF
WAREHOUSE

1 FIRE HYDRANT

1 EMERGENCY SHELTER
(1,810 HOUSEHOLDS)

15 SCHOOLS

GROUPS/COMMITTEES WORKED WITH

15

Community Disaster
Management Committee

15

Local Disaster
Management Committee

1

Municipal Disaster
Management Committee

9

Ward Disaster
Management Committee

15

School Disaster
Management Committee

15

Emergency Response
Task Force

15

Local Self-Help Group
(2457 members)

PLAN DEVELOPED

4 CONTINGENCY PLAN

68 LOCAL DISASTER
AND CLIMATE
RESILIENT PLAN

2 MUNICIPAL
EMERGENCY
RESPONSE PLAN

71 RISK PROFILE MAP/
VULNERABILITY AND
CAPACITY ASSIGNMENT

5

DISASTER MANAGEMENT PLAN

3 DISASTER PREPAREDNESS
AND RESPONSE PLAN

4

RESILIENCE STANDARD



BUILDING RESISTANCE TO DISASTER AFFECTED COMMUNITIES IN NEPAL (BURDAN)

The BURDAN project aims to strengthen disaster preparedness in Schools and Communities by promoting Disaster Risk Reduction (DRR) initiatives through local governance. The goal of the project is to build community resilience through responsive governance for disaster risk reduction and emergency preparedness in Nepal in post disaster scenario. The project aims to facilitate local government on DRR education and adoption of the proper risk reduction, educate children, teachers, parents and the educational authorities on importance of School Safety and facilitate adoption of the Safe School Framework.

Donors: ADRA (International, Australia, Germany, Czech, Austria, Norway)

Implementing Partners: Nangshal Association Nepal and RMD Dhading



PROMOTING RESILIENT AND SUSTAINABLE URBAN GROWTH BY AUGMENTING DRR CAPACITY OF LOCAL AUTHORITIES THROUGH ACTIVE PRIVATE SECTOR INVOLVEMENT (PRAGATI)

The project aims to promote resilient and sustainable urban growth through DRR capacity building of local authorities and active involvement of the private sector and local population. It focuses on two urban municipalities: Changunarayan and Shankharapur in Kathmandu valley.

Donors: ECHO and ADRA Germany

Consortium Members : ADRA Nepal, Danish Church Aid (DCA), and VSO

PRIME: A SAFER CITY PROJECT

PRIME or Surakshit Sahar (safer city) is an urban DRR Project implemented in ward number 10 and 12 of Kathmandu metropolitan city. The project aims to improve knowledge and awareness of duty-bearers and stakeholders of disaster risk in the urban context, include disaster risk reduction and management in municipal planning or actions, strengthen institutional capacity to manage disaster risks, enhance capacity of DRR institutions on disaster recovery and preparedness and to improve knowledge in implementing Urban DRM projects.

Consortium Members : ADRA Nepal, Danish Church Aid (DCA), Lutheran World Relief (LWR), World Vision International (WVI)

Implementing partners: ISET -Nepal, NDRC Nepal

ANUKULAN-X / BRACED

ANUKULAN-X/BRACED aims to build the resilience of 500,000 poor and vulnerable people to climate change impacts in Kailali, Kanchnapur, Doti, Dadeldhura, Surkhet and Bardiya districts. It works in a consortium with six international and four national partners and six local Non-Government Organizations (NGOs). ANUKULAN project is adopting harmonization approaches while facilitating to prepare and implement Local Adaptation Plan for Actions (LAPAs) with the Disaster Risk Reduction (DRR) interventions.

Donor: UK AID

Consortium Members: ADRA Nepal, iDE Nepal, Renewal World, International Water Management Institute, Middlesex University London, CIMMYT International

A TREMOR-HIT ENTREPRENEUR BECOMES SAFETY AND PREPAREDNESS ADVOCATE

The biggest achievement for him is the increment in his storage capacity and installation of evacuation route.

Indrabahadur Katwal, now in his late fifties has been operating rice mill for more than two decades. In these two decades, he sustained multiple cuts and injuries but nothing was as big as the severity of 2015 earthquake. He felt himself lucky enough to have his mill intact where he sheltered and fed more than 40 people for several days after the quake.

As the time passed by, he realized that his mill will not withstand another earthquake. He thought of reconstructing the building but he barely thought of other elements that could put his business and life at risk. He changed things as he got an opportunity to participate in a training on preparing continuity plan for business and first aid provided by an Urban Resilience Project namely PRAGATI.

He has now broadened his understanding of risk at his mill, ways to continue his business during disaster and his potential contribution to the community. "After earthquake, I rebuilt my mill by making it structurally stronger, but had not thought of the electric lines that could cause risk to me and my customer," he shared, "The training has helped me understand risk elements better."

Afterward, he installed salt capacitor to control the voltage being supplied to the machines. Also, the space management was crucial in his mill. As the people

entered the mill, they used to place their grains elsewhere such as near the machines resulting in movement of the people at time.

"It would be really devastating if earthquake or short circuit occurs and we don't manage the things. Instead of running in panic, taking safety measures will help us," he shared.

Now he has moved the grains aside and kept enough space for free movement of customers and himself. He has now kept tools to switch off the transformers in case of emergency, contributing to safety of the community. Learning from the training and his past experiences he has kept first aid kit at his mill and he shows confidence in treating minor injuries.

The biggest achievement, however, is the increment in his storage capacity and installation of evacuation route. Some people ask him rationale of having evacuation route as he has single room and single door to escape. To which he proudly shares that this route may not be as important in his mill but has more importance in everyone's house and community. He is developing himself as a champion to sharing these issues in the community interacting with his customers. Also, he has invested in increasing his storage capacity from 100 tons to 250 tons so as to make sure he operates during disaster and also be able to supply in dire situation of community.

WHEN DRILL EXERCISE TURNED TO REALITY

Just a moment later following the simulation exercise, they heard a news about fire breakout in the training hall.

A fire breaks out in a building of Kathmandu-10 ward office in mid-Baneshwor, creating a chaotic situation. Rohini Shrestha, 45, a ward member, runs with a fire extinguisher, extinguishes fire, evacuates and helps to calm terrified people.

This was actually a scene from fire and evacuation drill conducted at Ward No 10, office. Rohini was performing a role-play in a drill exercise on fire and earthquake. The drill exercise was carried out by ISET-Nepal as a part of building capacity of local representatives and personnel from urban government on urban DRR and resilience building in selected wards of Lalitpur (2, 9 and 11) and Kathmandu (10, 12 and 13) metropolitan cities under Surakshit Sahar (Safer City) project in support of consortium of ADRA Nepal, Lutheran World Relief, Word Vision International and DCA.

Just a moment later following the simulation exercise, news about fire incident at neighborhood spread in the training hall. At first, Rohini thought that it was another drill but soon realized that the actual fire broke out at a furniture showroom in Buddhanagar, a walking distance from the ward office. Immediately, Rohini and her team of five ward members and other training participants rushed to the place. "It was a real emergency situation where we were able to apply skills and knowledge learnt during drill." Rohini shares her experience of dealing with the fire emergency for the first time. The learnings from the drill exercise helped Rohini to deal with emergencies during a real disaster.



When Rohini and her team reached the scene in less than 15 minutes, they made effort to lessen the damage from the fire. "We assisted rescue team in removing belongings from the blaze, operated fire extinguishers to douse the small flame and alert public to be away from risk zone to prevent any human casualty and further damage" explained Rohini. "Children and elderly people were moved to safer place and panic residents were pacified." Fortunately, the incident didn't trigger any human casualties, which she claims to be the outcome of their coordinated efforts to reduce the impact of disaster. Besides, her team also helped clear traffic making a way for fire brigade vehicles. On the other hand, Rohini amid the chaos, managed to impart the knowledge on fire safety to the local residents witnessing the incident.

"Had we not been trained in the fire drill, we would have failed to handle the situation properly and I would have been another fearful person in the crowd observing the fire and doing nothing just like in those disastrous incidents of the past" expressed Rohini. Rohini has realized that it is essential to have knowledge, awareness, planning, management and response capacity on urban DRR of local representative, which would enable them to plan, integrate and execute DRR activities in ward/municipality level development so as to contribute to community resilience.

EDUCATION

FOCUS OF OUR EDUCATION PROGRAM

- Non-formal Women's Education
- Formal Education Support to Deprived Children
- Facilitation in Policy Implementation
- Vocational and Skill Enhancement Training for Youth
- Public School Infrastructure Development
- Promotion of Child Education Rights



**PROJECT 4 DISTRICT 4
MUNICIPALITY 9
RURAL MUNICIPALITY 3
METROPOLITAN CITY/SMP 1
WARD 19**

SUPPORTED

**SUSTAINABLE
DEVELOPMENT
GOALS**

**4 QUALITY
EDUCATION**



831 967

1,798



24

INTERVENED SCHOOLS



39

VOLUNTEERS MOBILIZED



306

**SCHOLARSHIP SUPPORT
118 MALE, 188 FEMALE**



LIBRARY SUPPORT

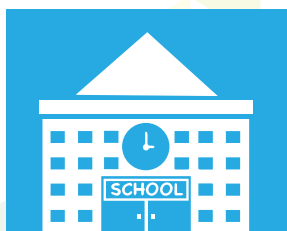


3 SCHOOLS



982 CHILDREN

INFRASTRUCTURE SUPPORT



2 SCHOOLS



465 CHILDREN



1 LEPROSY CENTRE



WASH SUPPORT



2 SCHOOLS



465 CHILDREN

ADRA CONNECTION

ADRA Nepal with its network around the globe provides short-term volunteering opportunities for interested candidates in remote schools of Nepal. This volunteering program, under the United for Education program, aims to encourage youths or professionals to render their selfless service to promote better education to the children. This year two visits were conducted to support schools in Nepal.

Donor: ADRA Australia

Implementing Partners: School Management Committees





MOI LIBRARY PROJECT

With an aim of providing enough space with a wide and inclusive range of resources to support learning and teaching throughout the school, promote wider reading, and foster collaborative learning, and develop reading skills, ADRA Nepal implemented Ministry of Information (MOI) Korea Library Project with support from ADRA Korea in Kavre district. Under the project, libraries were set up in Laxminarayan Secondary School at Shyampati, Bal Ujjwal Secondary School at Purano Gaun-Dapcha and Gorakhnath Basic School at Panauti of Kavre district which are under full operation now.

Donor: Government of Republic of Korea

Implementing partners: School Management

Committees of respective schools

UNITED FOR EDUCATION

ADRA Nepal has been providing scholarships to the children from the marginalized communities to prevent child labor and to help them continue with education since 1998. This initiative largely supports the underprivileged children by providing them access to quality education and varied educational opportunities.

Donors: Private Grant, ADRA Korea and ADRA Japan

Implementing Partners: School Management Committees

DISASTER RESILIENCE EDUCATION AND SAFE SCHOOL (DRESS)

Dhading is one of the districts to face severe damages from the 2015 earthquake. As classrooms were damaged in school, children are still forced to study in the temporary shade or on open ground. To address the critical need of the students of Kiranchok Karkidanda Secondary School in Galchhi Rural Municipality-4, DRESS project has supported the school to construct a new building with 4 classrooms.

Donor : Private Grant

Implementing Partner : RIMS Nepal



"We had a few sets of books which we had stored in a small book rack, but as the earthquake hit us in 2015, we were neither able to safeguard them nor set up a new library," Shrestha shared, "But I feel very lucky to have such a nice library now."



CULTIVATING READING CULTURE

“A writer reads at least twenty books to write one book. When you read one book, you are actually reading twenty books; reading course book helps you to score better in the exam but reading extra books help you to understand the world in a better way,” Narayan Bhakta Shrestha, principal of a secondary school in Kavre district was inspiring his students about the importance of reading as a group of students approached him after the opening of the library that was recently set up in the school.

Setting a well-furnished library with large number of books in Bal Ujjwal Secondary school, was long-cherished the dream of Shrestha. And it was coming true.

“Now I am breathing sigh of relief, I am very confident that our students will make the best use of the library,” he shared after opening the library.

Since he joined the school years ago as a teacher, the school did not have any library. He remembers how staff members of the schools struggled to keep safe a few sets of old books in sacks while reconstructing and relocating the classroom and school office time and again.

“We had a few sets of books which we had stored in a small book rack, but as the earthquake hit us in 2015, we were neither able to safeguard them nor set up a new library,” Shrestha shared, “But I feel very lucky to have such a nice library now.”

Many government schools in Kavrepalanchok district lack libraries that has hindered students from broadening their horizon of learning. Considering this need, ADRA Nepal, with support from ADRA Korea, established the library in three schools of Kavre district.

Bal Ujjwal school is one of the three schools that has been able to provide students with the facility to read varieties of books in the comfortable learning environment.

Samjhana Tamang, grade 7 student at Shree Laxmi Narayan Secondary School, likes to read story books but such books were not available in the school earlier. But after the establishment of the school, she has got the opportunity to read the books she is interested in.

“Library was established just two days back. There are plenty of books. The room is well-furnished. Now, I can read books during free time,” she shared as she looked at newly arranged books in the wooden rack.

“Many students cannot afford to buy different books on the same topic. In such situation, the library will help our students to learn comfortably in well-furnished setup,” said Ishwor Bahadur Bhandari, principal of Shree Gorakhnath Basic School Panauti.



HEALTH

FOCUS OF OUR HEALTH PROGRAM

- Health System Strengthening including birthing centers' infrastructure upgradation and renovation
- Reproductive Health/Family Planning
- Adolescent Sexual and Reproductive Health (ASRH)
- Basic Health Logistic Supply and Procurement System Strengthening
- Family Planning - Extended Program on Immunization (FP-EPI) integration, FP Micro-planning, Nutrition, Emergency Health Response through RH/FP Camps, Community System Strengthening through advocacy and Social and Behaviour Change Communication (SBCC)
- Non-Communicable Diseases (NCD)
- Women Health & System Strengthening (WHSS) related uterine Prolapse
- Maternal, Newborn and Child Health
- Guideline and protocols development

RESEARCH AND INNOVATION

- Assessment of the implementation of Micro Planning for Family Planning (FP) program supported by UNFPA.
- A Study on Lifestyle Management to combat Non-Communicable Diseases in Nepal: The LiveMore/ Reflect model adapted for the Cambodia, Nepal and Thailand (Asian) context funded by ADRA International and Australia.
- Contraceptive Choices and Determinants of Low Uptake of Long Acting Reversible Contraceptives by Young People (15-24 Years) in 15 districts of Nepal supported by UNFPA.
- Facility Based Assessment for Reproductive Health Commodities and Services (FBARHCS) in 24 districts of Nepal supported by UNFPA

SYSTEM STRENGTHENING

- Constructed 5 birthing centres in Sarlahi district
- Certified 22 Health Facilities as an Adolescent Friendly Site (AFS), strengthened 6 ASRH clinical training sites and Adolescent Friendly Information Corner in 53 schools,
- Supplied equipment, instruments, commodity in more than 100 HFs

PROJECT 4 DISTRICT 21 RURAL / URBAN MUNICIPALITY 225 WARD 1,350

SUPPORTED




SUSTAINABLE
DEVELOPMENT
GOALS

3 GOOD HEALTH
AND WELL-BEING



HEALTH FACILITIES 392
POPULATIONS 122,629

PROJECT	SITE	POPULATION REACHED
Health System Strengthening in Sarhali District	5	3,000
Non-Communicable Diseases (NCD) research	5	547
Family Planning Projects (UNFPP & FPSP) in 10 districts- LARC Services	385	117,061
FP camps in Sarlahi and Rautahat districts	8	2,021
TOTAL	403	122,629

	AGE <20 YEARS	AGE >20 YEARS	TOTAL
 Implant	268	5,604	5,872
 IUCD	3	212	215
 Balanced Counselling	395	7,973	8,368

MAJOR ACTIVITIES

60

IUCD AND IMPLANT TRAINING TO HSPS

238

HSPS TRAINED ON DECISION MAKING TOOL/MEDICATION ELIGIBILITY CRITERIA (MEC) WHEEL

829

HEALTH WORKERS TRAINED ON LOGISTIC MANAGEMENT INFORMATION SYSTEM (LMIS) /BASIC LOGISTICS

205

5 DAYS COMPETENCY BASED ADOLESCENT SEXUAL AND REPRODUCTIVE HEALTH (ASRH) TRAINING TO HEALTH SERVICE PROVIDERS (HSPS) OF ADOLESCENT FRIENDLY SITES

1,115

HEALTH SERVICE PROVIDERS ORIENTED ON FAMILY PLANNING MICRO-PLANNING

322

HEALTH SERVICE PROVIDERS ORIENTED ON FAMILY PLANNING -EXPANDED PROGRAM ON IMMUNIZATION (FP-EPI) INTEGRATION

25

HEALTH WORKERS TRAINED ON SEXUAL AND REPRODUCTIVE HEALTH AND GENDER-BASED VIOLENCE IN EMERGENCIES

4,130

FEMALE COMMUNITY HEALTH VOLUNTEERS (FCHVS) ORIENTED

12,424

FP/ASRH INFORMATION THROUGH DEMAND GENERATION

166

FAMILY PLANNING-COSTED IMPLEMENTATION PLAN (FP-CIP) ROLL OUT PROGRAM IN PROVINCES 2,5 & 7

15,000

IEC/BCC MATERIAL PRINTED AND DISTRIBUTED

11,000

DMT & MEC WHEEL PRINTED AND DISTRIBUTED

2,330

PRINTED AND DISTRIBUTED QUALITY IMPROVEMENT (QI) TOOL ON FP & ASRH

37

TOT ON RUPANTARAN PACKAGE

26

GIRL GROUP FORMATION FOR RUPANTARAN PACKAGE

13

SOCIAL MOBILIZERS FOR RUPANTARAN PACKAGE

A photograph of a community event where a woman in the foreground is looking at a display of family planning materials. The display includes various brochures, booklets, and small informational cards arranged on a table. In the background, other people are visible, some looking at the materials and others talking. The setting appears to be an indoor community hall or meeting room.

UNFPA NEPAL FAMILY PLANNING PROJECT (UNFPP)

Under strategic partnership, ADRA Nepal has been implementing a four-year project in 7 districts- Sarlahi, Sunsari, Rautahat, Udayapur, Achham, Bajura and Arghakhanchi. The overall goal of the UNFPP project is to increase access to and utilization of Family Planning Services among excluded and marginalized women. The major initiatives to achieve this goal include Long-acting reversible contraception (LARC) service delivery and coaching through 24 Visiting Service Providers, focusing on capacity building on Adolescent Sexual and Reproductive Health (ASRH), Adolescent-friendly site strengthening, Rupantaran package, demand and evidence generation, coordination and collaboration at central, provincials, districts and community level.

**Donors: Department for International Development
(DFID) and United Nations Population Fund (UNFPA)**



LIVEMORE ASIA NCD PARTNERSHIP PROJECT

LiveMore Asia NCD Partnership Project conducted a study on Lifestyle Management to combat Non-Communicable Diseases in Kavre and Rautahat districts of Nepal 2018. The main objective of this study was to assess the effect of the 'LiveMore' program on selected chronic disease risk factors, and lifestyle behaviors in five health facilities of Kavre and Rautahat districts. The study was observational cohort involving a pre-post comparative analysis of the NCD at risk participants who undergo LiveMore intervention and follow-up for three months. The finding of the study showed that tobacco use (smoke and smokeless) and alcohol consumption was prevalent and significantly decreased. Physical Activity among participants significantly increased in second measurement. Prevalence of reported hypertension and diabetics was high among the participants. There was slight drop in weight and waist circumference; however, there was significant reduction in cholesterol and triglycerides.

Donor: ADRA International

FAMILY PLANNING SERVICE STRENGTHENING PROGRAM (FPSSP)

In order to address inequalities and inequities, ADRA Nepal has been currently implementing Family Planning project in 110 Health Facilities of 4 districts- Arghakhanchi, Pyuthan, Rupandehi and Kapilvastu with interventions under strategic partnership agreement. The overall goal of the FPSSP project is to increase access to and utilization of Family Planning services among excluded and marginalized women through Visiting Service Provider (VSP) approach. 20 VSPs are mobilized to mentor/coach the government service providers. When there are no trained service providers present for FP services at health facilities, the project team conduct joint outreach clinics to deliver Long-acting Reversible Contraception (LARC) service to ensure that services are available to unreached people.

Donor : United Nations Population Fund (UNFPA)

HEALTH SYSTEM STRENGTHENING IN SARLAHI DISTRICT

The objective of the project is to improve maternal, newborn and child health services by strengthening birthing centers, health governance by addressing deep-seated inequities in Sarlahi district. Five birthing centers have been established in Sisautiya, Bagdaha, Sundarpur, Dumariya and Anchalgadh of the district. In the next phase, ADRA will upgrade four birthing centers and supply equipment.

Donors: Help International, USA and GBG Foundation



“Taking implant service has made me confident about avoidance of unwanted pregnancy,” she shared.



NO MORE IGNORANCE TO FP METHODS: A STORY OF JALINA KHATUN

Jalina Khatun, 16, from Dewangunj Rural Municipality ward no. 4 Sunsari district is already a mother of one-year old child. Jalina, who experienced hardships in her childhood had to get married with 44 years old Mohommad Atabul as his second wife when she was just 14 years old due to some compelling circumstances.

As she felt it quite hard to manage food for herself and her child, she has been living with her maternal grandmother. Her husband is working as a laborer. A daily wage labor is bread and butter of Khatun family. But sometimes uncertainty of livelihood looms when work opportunities are not locally available.

“We are already so poor, it’s difficult for us to manage foods for us, I am much worried about my child’s health,” Jalina shared with ADRA Nepal Visiting Service Provider (VSP) Hemkala Dhakal while she was being counselled, “I even did not have an idea about family planning earlier.”

VSP Dhakal wondered when she saw Jalina for the first time in a local health post where Jalina had visited with her malnourished child. In the health post, she was provided with information about the supplementary food (*Lito*) distributed by health facility. At the same time, VSP Dhakal offered counselling to her about family planning.

“If I was known about family planning, I wouldn’t have delivered a baby so early,” she expressed during conversation, “Now I will maintain a gap.”

Specially in some Muslim societies, adopting family planning methods is still considered a taboo. By fluke, her husband had recently participated in community level Muslim male group orientation at Kaptangunj. Counselling from VSP became a turning point for Khatun couple to take decision about using family planning methods.

When VSD Dhakal met with Jalina after 4 months, she found her happy with her child whose health was on improving trend. She also expressed thanks to Dhakal for counselling on family planning. “Taking implant service has made me confident about avoidance of unwanted pregnancy,” she shared.

According to Jalina, many of the girls of her age are either ignorant about family planning methods or are hesitant to use them. “I have been telling my friends to use family planning methods, after I learnt about benefits,” she said.

LIVELIHOOD



FOCUS OF OUR LIVELIHOOD PROGRAM

- Production and Productivity of High Value Commodities
- Food and Nutrition Security
- Enterprise and Entrepreneurship Development
- Capacity Building of Local Service Providers
- Access to Finance
- Community Infrastructures Supporting Increased Production & Productivity
- Marketing and Market System Strengthening

SUPPORTED

SUSTAINABLE
DEVELOPMENT
GOALS



1 NO
POVERTY

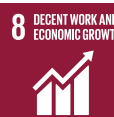


2 ZERO
HUNGER



5 GENDER
EQUALITY

14,025



8 DECENT WORK AND
ECONOMIC GROWTH



10 REDUCED
INEQUALITIES



13 CLIMATE
ACTION

5,176

8,849

**PROJECT 4 DISTRICT 3
MUNICIPALITY 3
RURAL MUNICIPALITY 8
WARD 35**

FARMER GROUPS

41 Vegetable-based

43 Goat farming

117 Mixed

201 TOTAL



4,351
Farmer group
members



689



3,662

FORMS OF SUPPORT:
Capacity Building,
Improved Farming
Practices, Technology
and Material

FARMER GROUPS

201

Saving Practice

117

Revolving Fund

90

Legal Registration

132

Business Plan

FARMERS TRAINED

/SUPPORTED:

1,415
Vegetable

678
Livestock

2,609
Technology

VOCATIONAL TRAINING



1,190



1,173



17

HEALTH CAMP



4

LIVESTOCK



3

PLANT

Entrepreneurs Established or Upscaled: **854**

Entrepreneurs Trained:



1,817



27



1,844

Entrepreneurs Supported:



30



8



38

FINANCIAL INSTITUTIONS STRENGTHENING:

12 COOPERATIVES

INFRASTRUCTURE STRENGTHENING:

**5 COLLECTION CENTERS SUPPORTED
2 MARKET MANAGEMENT COMMITTEES
STRENGTHENED**

CHALLENGE PROJECTS: 120

[Skills development on food processing (pickle making), Capacity Building on Integrated Pest Management (IPM), Construction of Community Building for Mother Group, Sworgadwari Masala Uddyog Irrigation Pond Construction, Strengthening of (Rural) Municipality Office, Plantation in Community Forest, Irrigation Pond Construction, Skill Development on Making Improved Cooking Stove, Management of Drinking Water in Dalit Community, Rain Water Collection, Skill Development for Vegetable Farm]

IRRIGATION



51

SCHEMES

2,259 HH



**TRAINED ON RESULT ORIENTED
LEADERSHIP DEVELOPMENT
PROGRAM (ROLDP) -682
385 MALE 297 FEMALE**



**TRAINED ON DRR RELATED
KNOWLEDGE AND
PRACTICES -343
184 MALE 159 FEMALE**



GOOD GOVERNANCE AND LIVELIHOOD (GOAL)

The project provides communities with holistic approach to development and with rounded activities that are suitable to their setting. The project aims to improve the livelihoods of vulnerable groups and communities of Rolpa and Pyuthan districts through income generation and strengthened local governance. The project further facilitates micro enterprise and entrepreneurship development, strengthening of leadership skill of civil society organization and combating climate change among others.

Donors: Australian Government through
Department of Foreign Affairs and Trade (DFAT)
and ADRA Australia

Implementing Partners: Rupantaran, RUDAS
Nepal, FIRDO Nepal



FOOD SECURITY ENHANCEMENT AND AGRICULTURAL RESILIENCE FOR THE EARTHQUAKE AFFECTED RURAL NEPALESE FARMERS (FOSTER)

Agriculture is the key economic activity and major sources of livelihoods for the people in Dhading district. Agricultural activities were severely disrupted by the 2015 earthquake in the district. So, to help people revitalize the farming and build back better, the FOSTER project aims to enhance food security and sustainable agricultural resilience of earthquake affected rural farmers through increased income and enhanced crop and livestock productivity in Thakre, Galchhi and Gajuri rural municipalities.

Donors: ADRA International, Canadian Foodgrain Bank (CFGB), ADRA Canada

Implementing Partner : RIMS Nepal

AGRICULTURAL RECOVERY OF EARTHQUAKE AFFECTED FAMILIES IN DHADING DISTRICT (AREA)

The main objective of the project is to support earthquake affected Chepang, Tamang and other marginal communities of Dhading district to recover their livelihood options. The project area are Dhunibesi Municipality, Thakre Rural Municipality and Benighat Rorang Rural Municipality of the district.

Donors: Swiss Solidarity/ADRA Switzerland

Implementing Partner: RIMS Nepal

PROMOTION OF WOMEN'S EMPOWERMENT AND RIGHTS TARGETING RURAL WOMEN (POWER)

The project is aimed at promoting women empowerment through gender mainstreaming. The project integrates the existing initiatives taken under Australian NGO Cooperation Program (ANCP) with its consortium partners LWF Nepal, Caritas Nepal, INF Nepal. ADRA is implementing this project in Swargadwari Municipality of Pyuthan district whereas other consortium partners have incorporated the activities in their respective project implementing area.

Donors: Australian Government through Department of Foreign Affairs and Trade (DFAT) and ADRA Australia

Implementing Partners: Rupantaran and Fulvari Integrated Rural Development Organization (FIRDO Nepal)



LINKING FARMERS FROM FARM TO MARKET

Now, she has been able to build one more plastic tunnel by investing profit she earned from previous harvesting.

Green leafy vegetables and cauliflowers have grown well in the backyard garden of Susmita Chepang in the village of Banskholha of Benighat Rorang Rural Municipality in Dhading district. She barely planted vegetables in the past due to lack of irrigation and technical knowledge of plantation. After 2015 earthquake, the situation deteriorated as the sources of water became dry in the village. Farming became quite difficult. “Previously, planting vegetable was very difficult. There was scarcity of water, we used to irrigate a few vegetable seedling in the backyard garden with the tiny amount of water in a small mug,” she shared, “But now we have water to plant vegetables, and feed our cattle.”

The village, dominant with the indigenous Tamang and highly marginalized Chepang community, is deprived of livelihood opportunities. People are vulnerable to the food insecurity. Women of the village had to walk hours to fetch water for domestic use after the level of water sources in the villages went down. But today, situation has changed. Water taps have been installed where water is supplied for 24 hours and the community people have been able to plant vegetables for household consumption and for sale.

Regular water supply has eased life of Susmita. She has been able to plant vegetables for her own consumption. From the sale of extra vegetables, she has also been able to manage education materials for her children.

To support the earthquake affected communities, ADRA Nepal, with financial support from SWISS Solidarity

and ADRA Switzerland, started implementing AREA, an Agricultural Recovery project in partnership with RIMS Nepal since 2017 in Dhading district. Susmita's family is one of the disadvantaged households of Banskholha who received project's support for vegetable farming. The AREA Project targeted 630 poor households of Rorang, Thakre and Dhunibesi rural municipalities where 27 farmers groups have been formed.

Sarita Shrestha of Thakre rural municipality Ward No 6, has been planting vegetable in plastic tunnel for last one year. She has received cash support for plastic tunnel and vegetable seeds and also gained skills for commercial vegetable farming. She planted green leafy vegetable, tomato, chilli and coriander. Now, she has been able to build one more plastic tunnel by investing profit she earned from previous harvesting. “Last time, tomato grew well. I earned 50 thousand rupees from the last harvesting. I have set up another tunnel where I will plant tomato, leafy vegetables, chilly and coriander,” she shared.

The farmers have now connected to the market after the collection centers were established. “Before the collection center was established, we had to go Naubise carrying vegetables which was very difficult. Now this problem has been solved,” said Akas Tamang, Chairperson, Vegetable Collection Centre Construction Committee, Dhunibesi Municipality, Dhading.

DISASTERS HAVE A HUMAN COST: A CASE FROM GOAL PROJECT

A group of people immediately reached to the site and evacuated the livestock. Fortunately, no human casualty occurred.



On February 6, 2018, a fire broke out in three houses in Thulogaun village of Rolpa district. As the fire was gutting the houses, villagers rushed in a house and rescued 10 years old child and his mother who were trapped inside. Their lives were saved but they sustained burn-injury. The villagers immediately managed to send them to the hospital in nearby district Dang for the treatment and provided the affected families with shelter kit and foods from the emergency fund.

Earlier on January 27, 2018, six houses were burnt to ashes in the Ghodagaun village. As the fire was so massive it was difficult for villagers to control it but they made efforts to minimize the damage. A group of people immediately reached to the site and evacuated the livestock. Fortunately, no human casualty occurred. They immediately informed Nepal Police, Nepal Red Cross Society and government agencies for further support and also arranged shelter, hygiene and kitchen kits through support from ADRA Nepal.

The people who rushed in all incidents were no other than the members of Community-based Disaster Management Committees (CDMC) and Task Force Teams (TFTs) who were oriented and trained on light search and rescue, early warning and first aid.

“We received DRR trainings from the Good Governance and Livelihood (GOAL) Project and basic rescue materials. The trainings have been very useful for us

especially as we live in a disaster-prone area,” shared Bam Bahadur Pun, Chairperson of CDMC, Uma Cluster.

Fire outbreaks and landslides are quite common in Rolpa and Pyuthan districts. In view of possible risks of such disasters, GOAL – a project funded by Government of Australia through Department of Foreign Affairs and Trade (DFAT) – has prioritized disaster risk reduction activities in two municipalities and four rural municipalities of Rolpa and Pyuthan districts.

Under the GOAL project, twelve CDMCs and 36 TFTs were formed and facilitated to develop a Community-based Disaster Risk Reduction Plan to mitigate future risks. A total of 291 including 159 female were capacitated on emergency response. The project has also supported to establish the emergency fund in each CDMC which was later topped up through contribution from community and local government contribution. Communication information board, weather channel board were also placed for quick response plan and preparedness.

“I appreciate the project for raising awareness about disaster preparedness as we live in a place that is prone to different kind of natural and manmade disasters,” said Netra Bahadur Chhetri, Mayor of Sworgadwari Municipality.



COMMEMORATING 30 YEARS OF SERVICE

ADRA Nepal has completed 30 years of humanitarian service and development support in Nepal. To celebrate its three decades of success, ADRA Nepal commemorated 30th anniversary on 28 March 2018 in Kathmandu in the presence of ADRA International President Mr. Jonathan Duffy as a chief guest.

A total of 150 participants representing government agencies, multilateral and bilateral organizations, INGOs, and Civil Society Organizations attended the ceremony.

On the occasion, ADRA Nepal Program Director Bidya Mahat shed light on the major milestones of ADRA Nepal over the past 30 years and also welcomed all the participants for their valuable presence.

Chief guest of the program Jonathan Duffy expressed his happiness over the effective utilization of the resources by ADRA Nepal to serve needy people in Nepal.

Chairperson of Association of INGOs in Nepal (AIN) Dr Shibesh Chandra Regmi congratulated ADRA Nepal for successful completion of 30 year.

On the occasion, CEO of ADRA UK Mr. Birt Smit, Regional Director of ADRA Asia Mr. Mark Webster, former minister for General Administration Mr. Yubaraj Karki, Director of Department of Health Services Dr. Ramesh Kumar Kharel, and Ms Samina Bunker, Program Manager of iDE UK congratulated ADRA Nepal for the completion of 30 years and also extended their wishes for its continuous success in the days to come.

ADRA Nepal Country Director Dr Josue Orellana thanked all the participants for their valuable presence. Reaffirming commitment on behalf of ADRA Nepal to continue service in Nepal, he thanked all the stakeholders for their contribution to enable ADRA Nepal to achieve its success.

On the occasion, successful completion of a project- Enhancing Livelihoods of Smallholder Farmers in Central Terai Districts of Nepal (ELIVES) was also celebrated. ADRA Nepal Livelihood team Leader Dr Salil Bhattarai had shared the best practice and learning of the project that was implanted in four districts of central Terai- Bara, Rautahat, Sarlahi and Mahottari.

“Resources Have Been Effectively Used”

Mr. Jonathan Duffy
President, ADRA International



I would like to thank ADRA Nepal for providing me an opportunity to be part of its 30th anniversary celebration. On this occasion, I would also like to thank Government of Nepal for providing opportunity to work with disaster-affected communities, poor and vulnerable people for the last three decades. ADRA Nepal's projects have been very successful because of the support of the government of Nepal and readiness of people to make maximal utilization of resources. I am happy to see that resources have been effectively used here. I also express my best wishes to ADRA Nepal for its progress in serving the people of Nepal in future.

(Excerpts from his speech delivered on the 30th anniversary function)

OUR TEAM

ADRA Nepal Team is composed of 103 full-time staffs (63 percentage female) that fulfill all organizational functions needed to support and implement ADRA Nepal's growing program portfolio. This includes technical leaders and program staffs for livelihoods, health, disaster risk management and business development; and highly competent professionals with different roles and responsibilities including administration and finance, monitoring and evaluation, and communications. ADRA Nepal's robust program management structure and systems ensures accountability and transparency whereas knowledge management is integrated across the programs and at institutional level. We are sensitive towards meaningful gender representations within the organization and across the programs.

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