

2017

Annual Report



ADRA Nepal

Published by ADRA Nepal

The Adventist Development and Relief Agency (ADRA) is a global humanitarian organization that works to bring long term development programs and emergency relief to the most vulnerable. Established in 1987, ADRA Nepal belongs to the worldwide ADRA network that aims to create just and positive impact in the lives of people living in poverty and distress.

Content Coordination

Communications Unit, ADRA Nepal

Editor

Shreeman Sharma

Cover photo

Children studying in Subarneshwor Basic School, Katunje, Bhaktapur peep into the classroom from window. Photo: Santosh K.C.

The content of this publication can be reused for social cause.

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Message from Country Director

Time flies and 30 years have passed very quickly since the day the Adventist Development and Relief Agency (ADRA) started its efforts to improve people's lives in Nepal.

In 2017, ADRA Nepal has continued with its efforts to contribute to post earthquake recovery and reconstruction, specially, in the areas of health and education infrastructure as well as economic and livelihood recovery.

These efforts have now been connected to our regular long-term development programs, making sure that the communities we work with, are more resilient to face potential disasters in the future.

It has been a joint endeavour, so we at ADRA Nepal, would like to thank and acknowledge the commitment of our staff to go an extra mile in many cases to accomplish

tasks they were responsible for in order to bring about tangible outcomes. Financial and technical support from our donors and other stakeholders as well as the overall guidance given by our Board of Directors and the Government of Nepal were fundamental pillars in all what we have achieved which is our reason to celebrate today.

As we look back, we can clearly see that we have been really blessed to have the privilege to serve people in this country for the past 30 years. It is now time to reaffirm our commitment to continue with our efforts of creating just and positive change in years to come. We will do everything we can to contribute to the realisation of the Sustainable Development Goals, having the wellbeing of the people we serve at the core of our actions. We are pleased to present the annual report that includes the introduction of the projects and achievements made throughout the year.

Happy reading!

A handwritten signature in black ink, appearing to read 'Josue'.

Dr. Josue Orellana
Country Director
ADRA Nepal



MISSION

The Adventist Development and Relief Agency works with people in poverty and distress to create just and positive change through empowering partnership and responsible action.



VISION

Empowered People-Effective Partnership-Transformational Programs.



IDENTITY

The Adventist Development and Relief Agency (ADRA) is a global humanitarian organization of the Seventh-day Adventist Church that demonstrates God's love and compassion.

OUR IMPACT AREA



DISASTER RISK MANAGEMENT

- Community- based Disaster Preparedness & Response
- Post Disaster Humanitarian Assistance
- Community-based Climate Change Adaptation
- DRMCC Capacitation of Concerned Stakeholders
- Disaster Governance & Local Resource Mobilization



EDUCATION

- Non-formal Women's Education
- Formal Education Support to Deprived Children
- Facilitation in Policy Implementation
- Vocational and Skill Enhancement Training for Youth
- Public School Infrastructure Development Promotion of Child Education Rights



HEALTH

- Health System and Infrastructure Strengthening
- Adolescent Sexual and Reproductive Health
- Family Planning
- Maternal Newborn and Child Health
- Equal Health Access Program



LIVELIHOOD

- Production and Productivity of High Value Commodities
- Food and Nutrition Security
- Enterprise and Entrepreneurship Development
- Capacity Building of Local Service Providers
- Access to Finance
- Community Infrastructures Supporting Production and Productivity
- Marketing and Market System Strengthening

Happiness was back to flood affected community after they received relief materials



Food items being transported via boat across Bagmati River in Rautahat.
Photo : Ram Kumar Gurung

RESPONDING TERAI FLOOD

The flood that occurred in July and August, 2017 disrupted regular life in Terai. The flood damaged properties worth millions of rupees and left more than 165 people dead. Considering the emergency need after the flood, ADRA Nepal in coordination with local NGOs- Chetana, RDC and CDAFN executed programs of humanitarian aid including distribution of urgent relief materials.

Chameriya Devi Ram, resident of Gujara rural municipality of Rautahat says that life of her family was eased after her family received emergency relief materials.

"The flood damaged our houses very badly leading to a huge loss. The flood washed away paddy farms and also damaged wheat, rice, cereals and clothes. Everything were destroyed inside our house after inundation," she shares, "From ADRA Nepal, we received the best relief ever. They provided foods to us as relief which helped us a lot to overcome our situation. We would have been left in hunger hadn't they provided foods to us."

The happiness is back in the flood affected communities after getting emergency relief materials.

There was an incessant heavy rain fall for 4 to 5 days. This rainfall washed away their foods, clothes and shelter too. In such circumstances, they received kitchen wares set, blankets, bed sheets, beddings, cereals, rice and oil

from ADRA Nepal through the support of local partners. "Heavy flood entered our house at night, we rushed to save our children and ourselves. All the food items and clothes were damaged by the flood. RDC Nepal provided us a tent, thirty kilograms of rice, cereals, towel and toothbrushes which are very useful for us," shared Ramadhar Ram of Gujara Rural Municipality -9, Rautahat. The people of flood affected community breathed sigh of relief after the health camps were conducted in their community.




To address the critical need of the affected communities, relief materials such as tents, blankets, bed sheets, mosquito nets, rice, cereals, sugar, buckets and kitchen wares were distributed. In coordination with District Disaster Relief Committee (DDRC), ADRA Nepal with local implementing partners- Community Development and Advocacy Forum Nepal, distributed relief materials in the affected communities. According to Bidya Mahat, Program Director of ADRA Nepal, it immediately deploys response team under National Emergency Response Plan when such disasters are reported.

As per the plan, they coordinated with DDRC and local partners to accomplish the relief distribution works successfully.



Support from ADRA Nepal to Flood Affected Communities

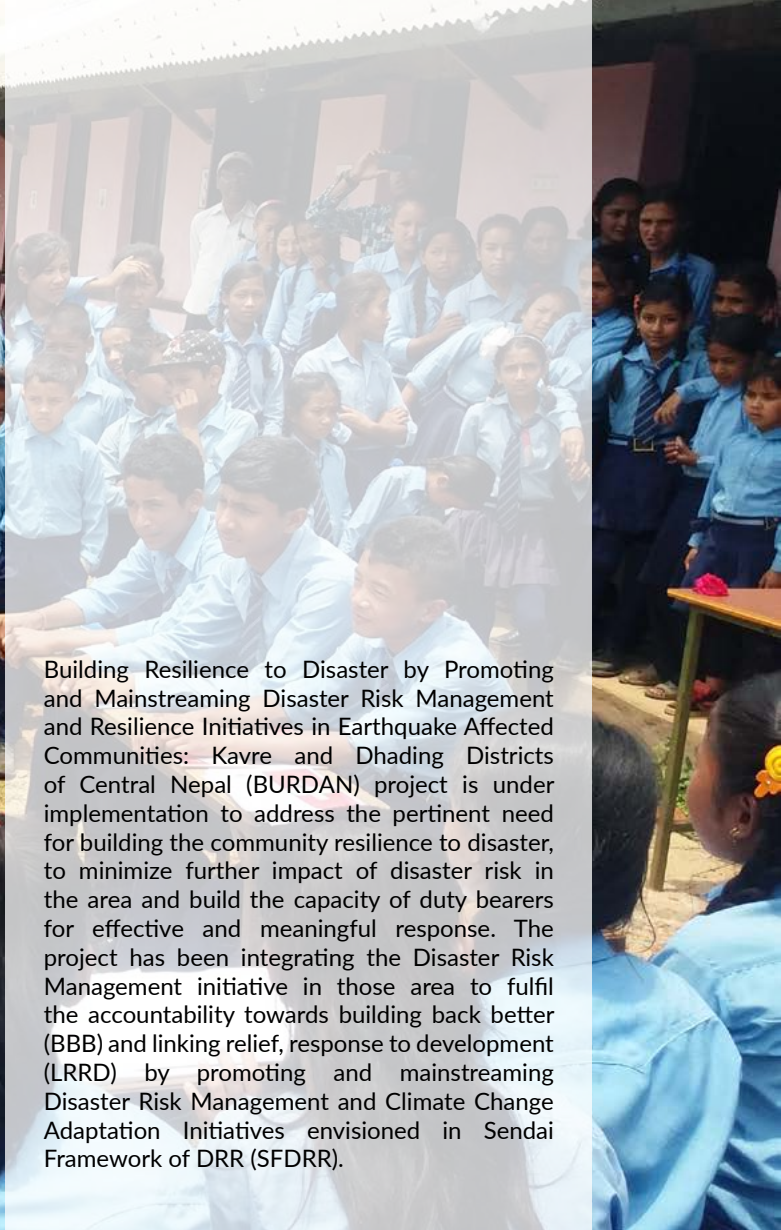
Sunsari	130	🏠	Rautahat	450	🏠
Mahottari	770	🏠	Kailai	65	🏠
Sarlahi	600	🏠	Bardiya & Banke	200	🏠
		Total	2215	🏠	

Other Support		Amount in Rs.
	Medicine support to District Health Office Rautahat, Sarlahi and Sunsari	8,00,000.00
	Cash Support to DDRC Bardiya	1,00,000.00
	Sanitary pad and QRS to District Health Office Rautahat and Mahottari	1,00,000.00

Programs	Benefited Populations
30 health camps organized in Rautahat, Mahottari, Udayapur and Saptari	9,000.00



Students perform street drama on earthquake safety in Prakash SS in Kavre district
Photo : Navin Dahal



Building Resilience to Disaster by Promoting and Mainstreaming Disaster Risk Management and Resilience Initiatives in Earthquake Affected Communities: Kavre and Dhading Districts of Central Nepal (BURDAN) project is under implementation to address the pertinent need for building the community resilience to disaster, to minimize further impact of disaster risk in the area and build the capacity of duty bearers for effective and meaningful response. The project has been integrating the Disaster Risk Management initiative in those area to fulfil the accountability towards building back better (BBB) and linking relief, response to development (LRRD) by promoting and mainstreaming Disaster Risk Management and Climate Change Adaptation Initiatives envisioned in Sendai Framework of DRR (SFDRR).

BURDAN

Area | Kavre and Dhading Districts

Total Budget | 453738.91 Euro

Implementing Partners | Nangshal Association Nepal , NDRC Nepal and RMD Nepal

Project Period | July 2016 to Dec 2018

Funding Partners | ADRA Norway, ADRA Czech, ADRA Germany, ADRA Australia, ADRA Austria, ADRA International

Major Outcomes

- The community and the local government of the project area will understand the DRR, internalize, educate and become familiar with the DRR process and adopt the proper risk reduction measures.
- The children, teachers, parents and the education related authorities understand the importance of school safety and adopt the safe school framework to educate, prepare and act for resilience in education sector.
- The government, policy makers, civil society and public in general will be familiar with and act to adopt the SFDRR 2016-2030 priorities at the local level planning adopting the policy frameworks (NSDRM/DM Act, Policy and Action Plan developed at national level.
- ADRA Nepal organizational and institutional capacity building and strengthening; policy, research and advocacy initiatives enhanced at the country level.

MAJOR ACCOMPLISHMENT

Outcome 1

- 14 events of disaster awareness
- 15 events of door to door campaign
- 6 PSA on emergency and disaster preparedness
- 2 events under LSAR/First Aid Training
- 15 CDMCs formed.
- 15 ER taskforce formed.
- 15 events on Child and Youth groups on DRR and Climate Change
- 5 events on promotion and strengthening of local self-help groups
- 10 events under First Aid and LSAR Kit support to LDMCs
- Induction programs in various districts



Search & Rescue Training at NSET Nepal | Photo : Rajan Paudel

Enabling Schools to Respond Disaster



The School Improvement Plan (SIP) is the planning document of school that is communicated to District Education Office (DEO) requesting budget for the current academic year. After the 2015 earthquake, the government has made it mandatory for the schools to incorporate DRR related activities in the SIP. However, SIP has been limited to the formality to secure budget, it does not include practical aspects of DRR. The bitter truth is that teachers do not have adequate knowledge on DRR. What we always prioritize is school reconstruction. But it is very important for teachers to have knowledge about disaster. I appreciate that ADRA Nepal has conducted various activities in the school to raise awareness and disseminate knowledge. Simulations, mock drills, first aid, evacuation, training on hazard vulnerability capacity analysis and School Disaster Management Plan are some of the activities that has benefited me including my co-workers in this school.

Dhruva Bhattarai
Principal
Himalayan Higher Secondary School, Banepa, Kavre

Outcome 2

- 15 events under Safe School Campaign, and Street drama
- 15 events under DRR games for the children
- 10 activities under Snake ladder game
- 5 activities under hazard categorization game
- 10 events under IEC, reference books on DRR and Safe School for children
- 13 events under Multimedia Show on DRR and Safe School in Schools
- 12 events under Extra Curriculum Activities
- 2 events under s PVA Training to the Teacher and SMC

- 2 CSSF Training and workshop with Teacher and Resource persons
- 10 events under First Aid and LSAR Kit Support to SDMCs

Outcome 3

- DRR mainstreaming and awareness events.
- Training on core humanitarian essentials on Sphere, CHS, EiE, CPIE.
- NGOs capacity strengthening on Emergency Response
- The talk program on "Current Issues and Practices in Urban DRR sector in Mega-cities in Asia"



A woman at work during mason training
Photo : Ishwor Rauniyar

PRAGATI

Area | Shankharapur Municipality of Kathmandu District and Changunarayan Municipality of Bhaktapur District

Total Budget | 630000 Euro

Project Period | April 2017- October 2018

Funding Partners | ECHO, ADRA Germany

Consortium Partners | DCA, VSO

Implementing Partners | NDRC Nepal


Promoting Resilient and Sustainable Urban Growth by Augmenting DRR Capacity of Local Authorities through Active Private Sector Involvement (PRAGATI) project aims to promote resilient and sustainable urban growth through DRR capacity building of local authorities and active involvement of the private sector and local population. It focuses on two urban Municipalities: Changunarayan and Shankharapur in Kathmandu Valley.

Major Outcomes

- Increase preparedness and response capacities of local authorities and communities collaborating with the private sector contributing to the creation of resilient urban municipalities
- Improve disaster risk governance at municipal level to manage emergency response and reducing future risks
- Improve emergency response capacity of communities, private sector and local authorities by engaging them to contribute to build back better

Major Accomplishment

- Project kick off meeting
- Stakeholders mapping of 5 wards of the municipality
- Three ward level and one municipal level disaster and climate resilient committees formed.
- A rally and art competition on October 13 to commemorate International Day for Disaster Reduction in Shankhu.



Surakshit Sahar (safer cities): Urban DRR Project in Kathmandu Valley, Nepal, was designed by the Urban DRR Consortium and National Disaster Risk-reduction Centre (NDRC) Nepal, as a joint initiative. It is two-year project being implemented by NDRC. The project aims to address critical problems on DRR in the urban area which were identified from a quick need assessment.

Photo : Shreeman Sharma

PRIME/SURAKSHIT SAHAR

Major Accomplishment

- Training to 120 ward members and ex-CDMC members on risk profiling and analysis
- 3 evacuation plans and contingency plans for schools and 2 for health institutions
- Overall disaster scenario at the ward level determined through reports on hazard, vulnerability and capacity assessments (HVCA).
- Two risk-sensitive disaster adaptation plans for two wards of KMC prepared
- Terms of reference and a product framework for an urban DRR toolkit formulated
- Knowledge and understanding of the risk-sensitive and inclusive planning process was cultivated by training to 170 participants
- 13 sets of personal protection equipment provided to the project's four target wards
- Awareness of earthquake and fire preparedness, response was sharpened among 97 individuals
- The mainstreaming of DRR in urban development plans and programs were initiated through continuous advocacy, dialogue and workshop among 62 stakeholders

Area | Wards of Metropolitan cities in Kathmandu valley (Ward 10 and 12 of Kathmandu Metropolitan City, Ward 2 and 9 of Lalitpur Metropolitan City,)

Total Budget | 200,000 US \$

Project Period | 15 July 2017- 30 June 2019

Consortium Partners | DCA, World Vision, Lutheran World Relief

Implementing Partners | National Disaster Risk Reduction Centre – Nepal (NDRC Nepal)

Major Outcomes

- Disaster risk reduction and management are included in municipal planning or actions
- Institutional capacity to manage disaster risks is strengthened
- Capacity of DRR institutions on disaster recovery and preparedness is enhanced
- Improved knowledge in implementing Urban DRRM projects



Locals of Nlimuwabojhi, Kailali fetching water from flood resilient hand-pump built by the project | Photo : Chakra Bam

ANUKULAN/BRACED aims to build the resilience of 500,000 poor and vulnerable people to climate change impacts. Overall objective of the project is to improve the well-being of poor people in Nepal, especially women and children, despite their exposure to climate-related shocks and stresses. It works in a consortium with six international, four national partners and six Local Non-Government Organizations (LNGOs). ANUKULAN project is adopting harmonization approaches while facilitating to prepare and implement Local Adaptation Plan for Actions (LAPAs) with the Disaster Risk Reduction (DRR) interventions.

BRACED/ANUKULAN

Area | Kailali, Kanchnapur, Doti, Dadeldhura, Surkhet and Bardiya

Project Period | January 2018- March 2019

Funding Partner | UK AID

Consortium Partners | iDE Nepal, Renewable World, International Water Management Institute, Middlesex University London, CIMMYT International



Bio- engineering in a river of Kanchanpur district, supported by ADRA Nepal | Photo : Chakra Bam

Major Accomplishment

1. Preparation of LAPA in harmonization with DRR -77

- VE2C4 formation, sensitization
- Ward level Vulnerability and adaptation assessment
- LAPA in harmonization with DRR plan preparation
- Sensitization workshop to incorporate LAPA action into local and sectoral plan (DEECCCC)
- Support VE2C4 to prepare Resource / Hazard mapping and other IEC materials

2. District level workshop to harmonize LDRMP & LAPA-6

3. Capacity strengthening of DEOC -6

- Preparedness support/ LSAR/EWS materials support to DEOC-6
- DPRP review and consultation-6
- District level taskforce training to DEOC and related stakeholders (IRA/MIRA/DDRT)

4. Preparedness support to VE2C4-77

- LSAR/EWS material support
- LSAR/FA/EWS training
- Awareness program/day celebration, street drama,
- Mitigation activities in line with LAPA
- ROLDP training to VE2C4 and other related stakeholders
- Support for mitigation action

5. Early warning system

- Early warning system establishment in 4 river basins
- Assessment for the appropriate upstream and downstream mechanism by an expert
- Meeting with concern stakeholders to share findings of the assessment and make a decision of establishment/enhancement
- Establishment/enhancing upstream and downstream EWS system

No More Sleepless Nights

Tilki/Dhekahtbhuli community lies in the middle east part of Kanchanpur district which is surrounded by two big rivers- Macheli and Manahara from east and west sides respectively. These two rivers combine at north of the village after which it is named as Doda river including other smaller tributaries. These all accumulate large amount of water and pose a great threat to people during monsoon.

This area is a one of the highly flood vulnerable area of Kanchanpur, most of the people living here are marginalized Tharu community. In the past, every monsoon would made people sleepless as they were afraid of being hit by the flood. Anukulan program supported to establish Early Warning System in upstream to measure water level to provide status of flood to community to minimize flood risk. The early warning system allows locals to evacuate in safer places when there is risk of flood.

After establishment of early warning system, community is getting information on time about flood so that they can manage an evacuation. Laxman Karki, a local politician at Dekhatbhuli shared, "In past, we used to remain sleepless for whole night because of fear of getting our community flooded, but now we feel safe because of the installation of early warning system." If flood label raises upstreaming gage readers inform them for safe evacuation helping community to minimize the risk.



Early warning system installed in Babai, Ghuiyabari, Bardai



Early warning system installed in Macheli, River, Belkundi, Kanchapur
Photos : Chakra Bam



Photo : Santosh K.C.

UNITED FOR EDUCATION

Area | Kavre, Kathmandu, Lalitpur

Total Budget | NRs. 4,837,440.00

Project Period | January to December 2017

Funding Partners | Private Donors from Australia, ADRA Japan, ADRA Korea, ADRA UK

Implementing Partners | School Management Committees

MAJOR ACCOMPLISHMENT

- A total of 380 students have got scholarships.
- A total of 36 Students passed the School Education Examination (SEE) with good result through ADRA Nepal support.
- A total of 84 students are studying at grade 11 and 12 through the support of ADRA Nepal.
- A total of 96 goats distributed for the students' family.

ADRA Nepal supports various programs related to children and their education. These programs include renovation and construction of school building, providing scholarships to students from poor family background to commence or continue their studies, establishing and improving school libraries, and providing bicycles for girls to go to the school. In addition, ADRA Nepal provides information on child labor and education quality improvement in the public schools to the teacher and parents. ADRA Nepal envisions increasing the child sponsorship program from 380 to 3,000 within the next 3 years.

ADRA Nepal has been providing scholarships to create favorable environment for children to continue their education since 1998 as one of initiatives to support educational opportunities and the quality of life to deprived children who are forced to work for a living and support their parents. At present, ADRA is providing scholarships for 380 underprivileged students from age 6 to 18 (grade one to 12) in three districts in the country. This initiative has helped children to complete their high school education. These children are likely to work for a living or help their parents with household works and looking after sibling at home if not created favorable environment to continue school education.

Dreaming to be a Doctor

Saroj Thapa (16) feels proud to be a son of hardworking parents. Hadn't they taught him what hardship is, Saroj would not have been able to recognize the importance of education in his life. When he looks back at his childhood, he reflects how his parents struggled to bring up their six children.

Thapa family lives in a village of Dakshinkali Ward Number 4 of Kathmandu valley, which is on the way to famous Dakshinkali temple from Kathmandu. There are eight members in his family- parents and six children including him. His father works as a driver in a private school and manages livelihood for the family but the earning is just manageable for basic needs amidst the skyrocketing market prices.

"I had to think even twice to demand a few sets of copies with my father," shares Saroj, "My parents wanted us to concentrate on study but still they could not afford to fulfil the desire of six children due to low income. In such situation, even a small assistance would be a significant contribution to us."

Saroj is one of the 380 underprivileged students to get scholarship from ADRA Nepal. ADRA Nepal has been

providing scholarship to the children from age 6 to 18 (grade one to 12) in three districts of the country to help them to complete high school education.

Saroj was evaluated and recommend by school for the scholarship.

"I have got all educational materials like school uniform, stationary, bag, shoes and shocks from ADRA Nepal for two years that helped to reduce financial burden of my parents" he shares, "Even getting new education materials inspired me to study hard."

Saroj shares that before his Secondary Education Exam (SEE), he reduced his sleeping hours to focus on study. In fact, burning the candle at both ends resulted into happiness. He passed SEE exam with distinction marks from Shree Khokana Jana Secondary School, Kathmandu. Now he is studying at grade XI at Laboratory School of Kirtipur Kathmandu. He wants to become a doctor in future. "I am trying hard to obtain good scores in plus two level so that I can be eligible to apply for scholarship to study MBBS," he shares.

Text: Santosh KC



Saroj Thapa in the middle | Photo : Shreeman Sharma



ADRA Nepal with its network around the globe provides short-term volunteering opportunities for interested candidates in remote schools of Nepal. This volunteering program, under the United for Education program, aims to encourage youths or professionals to render their selfless service to promote better education to the children and youths of Nepal for better future. After the assessment of the needs, volunteers visit Nepal, particularly to the project site and engage themselves in the works.

ADRA Connection volunteers working in Machchindra S.S. Dhading. | Photo : Santosh K.C.

ADRA CONNECTION

Funding Partners | ADRA Australia, ADRA UK, ADRA Australia

Implementing Partners | School Management Committees

MAJOR ACCOMPLISHMENT

- Construction of two class rooms and establishment of ECD class room-Katunje, Bhaktapur
- Repair maintenance of 11 class rooms with improved toilet and drinking water system in place in the school class room building in Khanikhola Dhading
- Renovation of seven class rooms with the repairing of doors and windows and painting in the class room; establishment of ECD class room and improvement of toilet and drinking water system is in place



ADRA Connection volunteers painting walls in Bageshwarai S.S. in Baireni Dhading. | Photo : Surendra Bisht



Students fetching water in Sharada S.S, Kavre | Photo : Ram Kumar Gurung

WATER SUPPLY SYSTEM BUILT IN TWO SCHOOLS

Water facilities built by ADRA have been handed over to two schools of Kaverpalanchowk. funded by Ministry of Interior Safety through ADRA Korea, ADRA Nepal supported Brahmayani Secondary School in Gairi Bisauna Deupur, and Sharada Higher Secondary School to build water supply system. Previously water was not available in both the schools.

The water supply system at Brahmayani HS in Gairi Bisauna Deupur, Kavre includes gravity fed system almost three Kilometers downhill from the source to school while Sharada HS had the underground water just 500 meters away from Sharada school and water is being pumped to school water storage tank.

A total of 1069 persons including teaching staffs and students have been benefited from this project.



Students washing hands in Brahmayani S.S. in Gairi Bisauna, Deupur, Kavre | Photo : Ram Kumar Gurung



Photo : Santosh K.C.

DISASTER RESILIENCE EDUCATION AND SAFE SCHOOL (DRESS)

Area | Dhading district (Galchhi Rural Municipality)

Total Budget | ACAD\$ 104,600.00

Project Period | A15 June 2017 - 14 May 2018

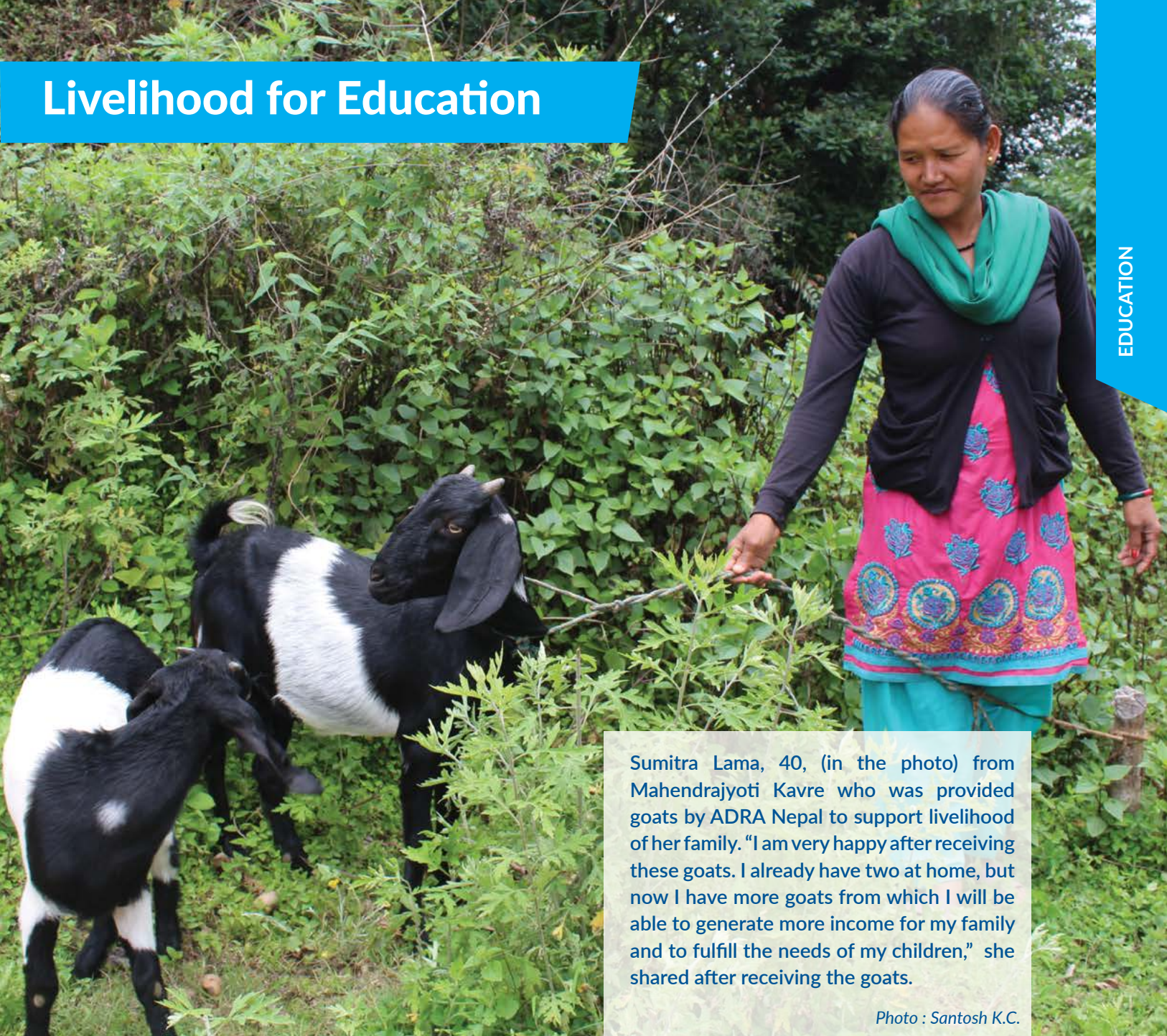
Funding Partners | ADRA Canada (Charity)

Implementing Partners | Resource Identification and Management Society Nepal (RIMS-N)

Ultimate Outcome

Support community to avail quality education through strengthened infrastructure and disaster preparedness.

Schools were largely affected by 2015 earthquake. Dhading is one of the districts to face severe damages from the earthquake. As school classrooms were damaged, children are still forced to study in temporary shade or on open ground. To address the critical need of the students of Kiranchok Karkidanda Secondary School in Ghalchhi Rural Municipality-4, DRESS project is supporting to Kiranchok Karkidanda Secondary school to construct a school building with 4 class room.



Sumitra Lama, 40, (in the photo) from Mahendrajyoti Kavre who was provided goats by ADRA Nepal to support livelihood of her family. "I am very happy after receiving these goats. I already have two at home, but now I have more goats from which I will be able to generate more income for my family and to fulfill the needs of my children," she shared after receiving the goats.

Photo : Santosh K.C.

ADRA Nepal has supported two goats to each family of 46 students of three Schools in Kavre District this year. The goats were distributed to support livelihood of the family of the students so that children would face no financial constraints to continue their school education.

The goat distribution program aims to help the families of the sponsored children for the financial stability. Domesticating goats can have multiple benefits to the family in promoting a productive income such as by

selling their newborns and selling for meat. This provides the families with a means of generating income so as to invest on the future of these children.

Among these three schools, Shree Ganesh Bharati School has formed a women's group called Ganesh Goat Farming Aama Samuha. At the end of the year, each family who has received the goats will have to hand over one she goat to this group so that this group can identify the vulnerable group of people in the village and hand them over to those vulnerable families.

ADRA remains a key player towards the government's Family Planning and Reproductive Health Programs, and works in close coordination with the Family Health Division (FHD) and D(P)HOs along with key actors like DFID, UNFPA, USAID, MSI, FPAN, civil society and more. UNFPA and ADRA Nepal signed an agreement on 1st January 2017 under strategic partnership agreement in order to implement a four-year project titled "UNFPA Nepal Family Planning Project" (UNFPP), Adolescent Sexual and Reproductive Health (ASRH), Pull System and Online Inventory Management, RH Camps in emergency situation and Monitoring and Research related activities.



Photo : Samir Bhandari

UNFPP & UNFPA SUPPORTED ACTIVITIES

- Area** | • Sarlahi, Sunsari, Rautahat and Udayapur under UNFPP
- Argakachi, Bajura, Dadeldhura, Pyuthan, Dang, Rolpa, Saptari, Udaypur, Mohattari, Kapilvastu, Rukum, Baitadi, Bajhang, Sarlahi, Rautahat, Achham, Sindhuli, Sunsari) under Adolescent Sexual and Reproductive Health (ASRH) Activities

Total Budget | NRs. 711,959,28.00

Project Period | 2017-2020

Funding Partner | UNFPA

Major Outcomes

Increased use of FP/RH services for adolescents and women of reproductive age (WRA)

Major Accomplishment

Health System Strengthening (HSS): Mobilization of 20 Visiting Service provider (VPs) in 4 districts; certified 51 government health facilities as an Adolescent Friendly Service (AFS) Sites; established 5 Adolescent Friendly Service (AFS) Corners in five ASRH training centers; supplied 32 sets of IUCD/Implant Insertion and Removal Sets to four D(P)Hos; supplied commodity (IUCD and Implant) in four UNFPP districts.

Orientations, trainings and workshops: Orientation to 100 District Health Office staffs and stakeholders in 4 UNFPP districts during inception phase of project; selection of 127 working Health Facilities for UNFPP; orientation to 1629 FCHVs 4 districts; ASRH ToT to 15 Service Providers at central level; training to 160 service providers on Adolescent Sexual and Reproductive Health

(ASRH); training to 127 Storekeepers and IT Assistants/ Officers on on-line inventory management; training to 87 HF's In-charges and storekeepers on pull system at district level; advocacy workshop on Comprehensive Sexuality Education (CSE) with 39 journalists' participation.; training on Clinical Management of Rape Survivors. CMR training to 133 Health Workers of Sarlahi and Rautahat districts.

Service Delivery Status: 2480 LARC services (Implant-2443 and IUCD-37) provided through VPs; 185 LARC removal services (Implant-180 and IUCD-5) provided through VPs; FP Counselling services provided to 3924 clients through VPs; health services provided to 14559 community people including FP services to 677 clients through 61 days Reproductive Health (RH) Camps in 33 different sites of five flood affected districts.

Monitoring & Evaluation and Research: Conducted one joint supervision and monitoring visit with FHD/UNFPA in the Sunsari, districts and 12 supportive supervision visit to 4 UNFPP districts from central level staff; conducted 10 joint supervision visits with DPHO and FP Focal Persons from district to HFs in four UNFPP districts.

Article Publication: Published article entitled "Increasing access to family planning services through a non-health sector: Technical Integration Coverage and Access (TICA) in Nepal" in Christian Journal for Global Health 4(2):30-42; July 2017 and three abstracts accepted.

LIVE MORE ASIA NCD PARTNERSHIP PROJECT

The LiveMore Asia project is a joint initiative of ADRA Cambodia, Thailand, Nepal and ADRA Australia that aims to demonstrate a sustainable reduction in NCD risks for at-risk participants to key public health stakeholders. Partners will work together to contextualize the participatory material of the "LiveMore" model which is based on the proven Complete Health Improvement Program (CHIP) and to apply it to rural and peri-urban settings. Training of health professionals and community members as facilitators will lead to health risk assessment screening for at least 920 persons with at least 380 at risk community members signing up to a LiveMore behaviour change group.

The project activities in all countries will follow approved research protocols with Ethics Committee approval and oversight in each country. Results and lessons learned will be compiled and plans for future scale-up and expansion will be made based on the results in each case as well as a whole.

A meeting was organized in Cambodia, where 2 persons from ADRA Nepal participated to get full orientation and for further proceedings. The participants got chance to observe the activities already implemented in Cambodia. The implementing partner has been selected for the project and will be started from 2018.

Moment of Making Her Speak up



Pragya Bhandari, VP- Udaypur

A woman who looked weak and quite tired visited Basaha Health Post, Udaypur on 12 September 2017. As she was hesitant to express about herself, I started conversation to ease her to speak up. She was Pramila Rai, 29, from Chaundandigadi, Municipality ward number 4 and had visited health post for physical examination as she had felt weakness

for past few days. Yet, she was reluctant to explain her problems. I saw an expression of fear and embarrassment in her face. I realize that she wanted to share many things with Health Post Staffs, but something was barring herself from expressing. I introduced myself with her and offered possible help to her. Then she started to share about the reasons that was bothering her

There are six members in her family including four children, husband and herself. Rai family subsists on agriculture and it is very difficult for them to support livelihood from it. The illiterate couple, however, has managed to send children to the school.

She further shared that she aborted for four times considering the financial condition of the family as brining up four children was already a big difficulty. She told that her husband was very strict about the use family planning methods due to his perception that adopting family planning method might cause diseases. Therefore, he was not allowing to her to use family planning devices. The continual abortion was making her feel very weak. After giving birth to her third baby, she used Depo-Provera despite unwillingness of her husband. After using Depo-Provera, continuous bleeding occurred and

then she stopped using it. One day a FCHV of her village counselled her for using long acting Family Planning Services. Within three days of using IUCD in the camp run by government in the community, IUCD expelled out from her uterus. After that she was again ready to give birth to her fourth baby.

After the birth of fourth bay, she wanted to use permanent family planning method but her husband was not supportive. Instead, he used to threaten of staying away from her if anything goes wrong due to the use of family planning services.

Now, her fourth baby is two years old and she still breastfeeds the baby. When she visited Health Post, she was suffering from high fever, weakness, heavy bleeding, and dizziness for last few days. It was because he had aborted by using medicine available in local medical herself. The unsafe abortion had caused problem to her health.

I counselled her about long acting family planning method IMPLANT and told her that it will protect her from conceiving baby for next 5 years. Then, she was ready to use IMPLANT Service. I also told her about complication after using IMPLANT Services. I told one FCHV near by her home to look after her in case of any complication and contact me immediately if happens so.

She was very happy to get IMPLANT services and returned to home. While leaving the health post, I saw reflection of some hopes and cheerfulness in her face.



Pramila Rai at Health Post



Photo : Frank Spangler

ENHANCING LIVELIHOOD OF SMALLHOLDER FARMERS OF CENTRAL TERAI DISTRICTS OF NEPAL (ELIVES)

Area | Bara, Rautahat, Sarlahi, Mahottari
(8 VDCs in each district)

Total Budget | Pound £ 18,48,585

Project Period | April 2015 - March 2018

Funding Partners | DFID and ADRA UK

Consortium Partners | iDE Nepal, FORWARD Nepal

Implementing Partners | JJYC, RDC, CHETANA,
CDAFN

Major Outcomes

Enhanced livelihoods and incomes for poor and marginalized smallholder farmers in four Central Terai districts of Nepal, with a focus on women and socially excluded groups.



Enhancing Livelihoods of Smallholder Farmers in Central Terai Districts of Nepal (ELIVES) is a 3-year project implemented in four districts of Eastern region from April 2015 to March 2018. The project is focused to enhance livelihoods and income for poor and marginalized smallholder farmers with high priority to women and socially excluded groups in particular, Dalits, Janajati, and Madhesi.

The project aims to bring tangible change in poor people's lives, contributing on sustainable development goals (SDGs)

1, 2, 5 that are respectively end poverty in all its forms everywhere, end hunger, achieve food security and improved nutrition, and promote sustainable agriculture and achieve gender equality and empower all women and girls. To achieve this, the project has employed interventions on goats, vegetables/lentil and market access/promotion among a total of 12,000 core households and 18,000 Value chain households.

MAJOR ACCOMPLISHMENT

- 600 farmer groups formed and registered with DADO/DLSO
- 18 cooperative formed or strengthened in market management, account keeping and business plan
- 4112 women farmers completed six-month business literacy programme
- 26.97% of HHs have adopted at least 5 improved techniques of goat management
- 33% households who sold goats in the past year generated an average income of NPR 15,186. Herd size has increased from 3.2 to 4.38.
- 3,919 households of core households planted fodder and forage in own land
- 12 groups have accessed common land for fodder and forage plantation in about 21 ha of land
- 58 VAHWs were trained and about 75% of them are actively providing services
- 87% of core vegetable group households are engaged in vegetable sale
- 31.26% households have adopted at least 3 improved vegetable production practice.
- 5,116 core goat households have planted lentil
- 4,642 goat households have kitchen garden
- 31 CBF trained and 27 trained CBF providing services
- 18 collection centres established in collaboration with DADO/DLSO/local government
- 24 challenge fund operators (agro-vets) reached more than 12,000 HHs through technology demonstrations, AI, PPR vaccinations, animal health management services
- 42 challenge projects completed in irrigation, goat resource centers, fodder plantation and plastic houses.

From Share - Farmer to a Proud Owner of 15 Goats

We migrated to Bagdev from Kathmandu in hope of leading a better life. But for poor, problems prevail everywhere and the life was not easy. When my sons grew up, they started working as wage labourers and supporting family. I always used to think how good I would feel when I could earn some money and be able to support my family. Some of my neighbours were engaged in goat farming and I also wanted to start but I neither had money or knowledge. It was risky to start goat farming without technical knowledge on goat management and animal health care. Meanwhile, ELIVES project started organizing farmers in goat producer group and I was also part of Unnatishil goat producer group. We received various training on group management, leadership, saving and credit. We also got technical training on animal health management, feed management, shed management, fodder and forage management, and mineral block making. I started with 2 goats in share arrangements. Skills learned during business literacy classes increased my confidence and I kept up increasing the herd size. Now I own 9 mother goats, 3 kids and 3 he-goats. I have graduated from share farmer to an owner of 15 goats within 2 years. I earned NPR 25000 thousand by selling goats. Additional three he-goats worth of around NPR 50,000 are ready for sale. Earning money by selling goats makes me very happy. I am also associated



Kesha Kumari Paudel
Unnatishil Goat Producer Group, Bara

with common land fodder and forage committee which has leased land from community forest user group and planted fodder and forage. We are already able to harvest fodder and feed our animal. It has saved lot of time in collecting fodder from forest. I am thankful to ADRA for giving such wonderful opportunity through ELIVES project.

(Based on conversation)

Text and Photo : Tek Singh Bhat



Farmers of women group in Thakre, Rural Municipality, Dhading establishing nursery bed using the leaves of *sorla robusta* | Photo : Ramesh Chaudhary

FOOD SECURITY ENHANCEMENT AND AGRICULTURAL RESILIENCE OF THE EARTHQUAKE AFFECTED RURAL NEPALESE FARMERS (FOSTER)

Area | Dhading district Dhunibesi Municipality, Thakre, Galchhi and Gajuri Rural municipality

Total Budget | CAD\$ 1,024,212.00

Project Period | April 2017 - March 2020

Funding Partner(s) | CFGB, ADRA Canada and ADRA International

Implementing Partners | Resource Identification and Management Society Nepal (RIMS-Nepal)

Major Outcomes

- Ultimate outcome: Enhanced food security and sustainable agricultural resilience of earthquake affected rural farmers in Dhading district.
- Intermediate outcomes: Increased food sufficiency of the targeted households through increased income and enhanced crop and livestock productivity.
- Immediate outcomes: Improved institutional and technical capacities of farmer groups, increased adoption of improved agricultural technologies, increased adoption of improved practices in livestock health and management and improved access of farmers to input and output market.

Dhading district ranks low in food balance and is also recognized as food deficit district. This district was severely hit by 2015 earthquake further worsening livelihood of the people. The earthquake disrupted agricultural production, processing and marketing activities which is the key economic activity and major sources of livelihoods for the people in the district. This project targets to revitalize and strengthen agricultural system through proper mobilization of the local resources, formation and strengthening of farmers group, development of local resource person and resource centers, construction and rehabilitation of community infrastructures, improved agricultural technologies and practices and market development.

MAJOR ACCOMPLISHMENT

- 84 farmers groups formed where 1930 households are associated.
- 8 Community Sensitization Meetings conducted in project sites.
- Agriculture technical training: 840 farmers were trained on vegetable productions through 47 trainings; 694 farmers were trained on improved goat rearing through 36 trainings.
- Social mobilization: 1349 farmers trained were on Group Management through 68 trainings; 72 persons trained on Saving and Credit through 4 trainings; 84 sets of material (different ledger books, stationaries, metal box, mats) were supported.
- Demonstrations: 36 Participatory Varietal Selection

(PVS) and Farmers Acceptance Trails conducted in 36 groups; 27 demonstration on vegetable production conducted in 27 groups.

- Agriculture inputs: 51 KG improved vegetable seeds, 152 plastic tray, 72 water can, 60 KG plastic sheets, 24138 saplings, 26 KG grass seeds.
- Staffs capacity building and strengthening: 5 days ToT on social mobilization and saving credit training for 15 project staffs.
- Project Implementation: Detail Implementation Plan (DIP) workshop/ Project kick off accomplished
- Coordination with GON, other key stakeholders strengthened, local stakeholders were informed about the projects.
- Suggestion and complain boxes have been installed in strategic locations.

Ms. Nirmala Shrestha, 33, lives in Ranibari village of Thakre Rural Municipality with her husband, a son and a daughter. Her house and animal-shed was badly affected by 2015 earthquake. She handles day to day household activities and makes herself engaged in farming while her husband works as painting labourer to earn money for the livelihood of the family. Due to insufficient technical knowledge related to agriculture, Nirmala was not able to yield expected results from her efforts in farming. Despite her hard work, agriculture is just subsistence. It was hard to manage livelihood of ultra poor Shrestha family.

She is one of the active member of "Thulo Chautara Farmer Group" facilitated and supported by FOSTER project. She had received trainings on Group Management, Saving and Credit, Vegetable Nursery Raising and Plant Protection and Management (IPM) through the project.

"I learned several new techniques like soil solarization, seedling raising in plastic tray, technique to use leaves of Soria Robusta for seedling raising, use of coco pit and nylon net, proper handling of different tools of IPM and making liquid manure (jhol-mol) through the trainings," she shared. Project supported quality improved vegetable seeds of different high yielding varieties of cauliflower and cabbage. She has planted vegetables (cauliflower and cabbage) in 2 ropani (1,000 sq m) of land.

After taking technical training in vegetable farming, she purchased seeds, plastic tray, coco pits and nursery plastic sheet herself and applied skills that she learned during the training. She has already harvested cauliflower.

"We produced 500 KGs of cauliflower and earned one hundred thousand rupees from the investment of Rs 35000 in this season. Now we are thinking to put our all efforts to continue commercial farming," she shared. Cabbages will also be ready for harvesting soon. She expects to earn one hundred thousand by selling cabbages.

Text : Poonam Sapkota | Photo: Ramesh Chaudhary

TRANSFORMATION TOWARDS COMMERCIAL FARMING





Water tank of Aniptar-Bhaltar multiple use water system built in Benighat /Rorang -2, Dhading
Photo : Sunil Adhikari



AGRICULTURAL RECOVERY OF EARTHQUAKE AFFECTED FAMILIES IN DHADING DISTRICT (AREA)

Area | Dhading (Thakre Rural Municipality-6,7,8, Dhunibesi Municipality-7,8,9, and Benighat-Rorang Rural Municipality-2)

Total Budget | NPR. 24,080,371

Project Period | April 01, 2017 to November 30, 2018)

Funding Partner(s) | Swiss Solidarity, ADRA Switzerland

Implementing Partners | Resource Identification and Management Society (RIMS) Nepal

Major Outcomes

- Increased income opportunities to earthquake affected households through rehabilitation of community infrastructures,
- Improved access to input, technology and services
- Strengthened linkages with financial services.

Agriculture Recovery of Earthquake Affected Families in Dhading district (AREA) is implemented in Dhading district to improve the livelihood of rural peoples affected by 2015 earthquake. The project aims to increase income opportunities of earthquake affected households through rehabilitation of community infrastructures, improve access to input, technology and services, and strengthen linkages with financial services.



Vegetable farm of Sarita Shrestha & Krishna Lal Shrestha
Photo : May Thagyon Soe

MAJOR ACCOMPLISHMENT

- Twenty-seven farmers groups from 630 households formed
- 27 one-day trainings on saving credit management in group
- Technical training on infrastructure construction
- Amptar/Bhaltar MUS construction with 3800m pipeline for water supply system, three reservoir tanks, fifteen hybrid taps, one water harvesting pond, one intake tank, and three off-takes
- 630 households received seeds
- 520 employment days created through cash for work approach
- Other two MUS under construction
- Six plastic houses with insect protection net and drip irrigation set established
- 7 most vulnerable households received goats for restocking



Members of Namuna farmer's group participating in saving and credit management training facilitated by the project community facilitator at Thakre Rural Municipali | Photo : May Thagyan Soe



The women discussing about entrepreneurship during Jagriti Enterprise Education Class (EEC) at Jaulipokhari Rolpa. | Photo: Yagya Bahadur Charti

GOOD GOVERNANCE AND LIVELIHOOD (GOAL)

Area | Rolpa District (Runtigadhi, Subarnawati and Lungri Rural Municipality), Pyuthan District (Pyuthan Municipality, Sworgadwari Municipality and Naubahini Rural Municipality) Dhading district

Total Budget | 1,551,186 AUD

Project Period | 2014 – 2019

Funding Partners | Australian Government Department of Foreign Affairs and Trade (DFAT) and ADRA Australia

Implementing Partners | RUPANTARAN (National Partner), RUDAS (for Rolpa), FIRDO (for Pyuthan) and RIMS (for Dhading)

Major Outcomes

Increased income of vulnerable user groups through micro-enterprise and entrepreneurship development initiatives; Strengthening the capacity and competency of civil societies through leadership and management skill, Enhanced resiliency through environmental planning and management systems

Good Governance and Livelihood (GOAL) project is being implemented in Dhading, Pyuthan and Rolpa districts. The activities in Dhading have already been phased out in July 2015. The project works with the vulnerable groups and communities of 6 Rural Municipality/Municipality (previously 12 VDCs) in Rolpa and Pyuthan districts. The project has targeted to provide support to 8914 people as the direct beneficiaries whereas 37144 will be the indirect beneficiaries of the project.

The project aims to improve the livelihoods of vulnerable groups and communities of these districts through strengthened local governance, sustainable environmental management and income generation options.

MAJOR ACCOMPLISHMENT

- 74.4% of targeted beneficiaries have started/upscaled small scaled enterprise
- 1190 participants trained in at least one module of Start and Improve Your Business and coached regularly towards enhancing their businesses
- 229 participants provided with skill enhancement vocational trainings (till date 1193 participants) in enterprise of their choice.
- 44 entrepreneurs, 3 farmers groups, 1 collection centre and 9 peoples with disability received material inputs support to expand their enterprises.
- 45 market management activities conducted through consultation workshops, technical and material supports to collection centers, production plan preparation, and actor to actor linkage meetings.
- By this year, 113 out of 120 of Challenge Projects completed leveraging 77% fund (NPR 5,533,786) by community from local government agencies and projects. Similarly, extra of 21 second round Challenge Projects were developed by community
- 132 newly elected representatives of 6 local government units in project areas oriented on ROLDP approach
- 72 interventions under 12 LAPA and 30 interventions under 36 CBAPs completed to mitigate/adopt climate change impacts
- 66 climate smart technologies demonstrated with support of 12 cooperatives
- 12 CDMCs and 36 Task Force Team (TFTs) formed and facilitated to develop 12 CBDRR plan and supported with emergency fund
- 150 participants from 6 CDMCs and 18 TFTs capacitated on Light Search and Rescue (LSAR), First Aid (FA) and Early Warning System (EWS) through training/simulation and equipped with emergency material support
- 16 events of Day Celebration conducted spreading message on issues such as gender violence, child rights, early marriage, women rights, gender equality and environment protection
- 2 events of Child Protection and Safeguarding trainings and 1 event of cross project visit was conducted to project and partner staffs

Water Supply System Is Back in Namja

Water scarcity had been a big problem in a remote village of Thulo Namja, Rolpa which had compelled the village of 56 households, mostly from Dalit community, to explore alternative places to migrate. Good Governance and Livelihood (GOAL) Project funded by Australian Government DFAT had been working in the Badachaur VDC (now Ward 4 of Lungri Rural Municipality) and facilitated preparation of Local Adaptation Plan of Action (LAPA) in lead of VDC. Among various actions identified under LAPA, the scheme of Thulo Namja was placed on the top priority and work for restoration was carried out immediately in active participation of community people.

This initiative did not only bring hope but also brought excitement and synergy in the community. The total cost of the project stood around NPR 975,000 where GOAL provided technical assistance and financial support of NPR 100,000. However, with the leadership skills learned during 3 series of workshops on Result Oriented Leadership Development Program (ROLDP) organized by GOAL project, the community people were able to leverage the remaining amount from VDC, Community Forest User Groups, Agriculture and Food Security project and Multi-stakeholder Forestry project, and in-kind contribution from the community. Mr. Khai Ram Khadka, the Chairperson of Management Committee mentions, "our dream project of managing drinking water distancing 2.5 km has come true." Similarly, one of the beneficiary, Harka Bahadur shares the multiple benefits of the scheme and mentions, "we also now use it for vegetable farming."



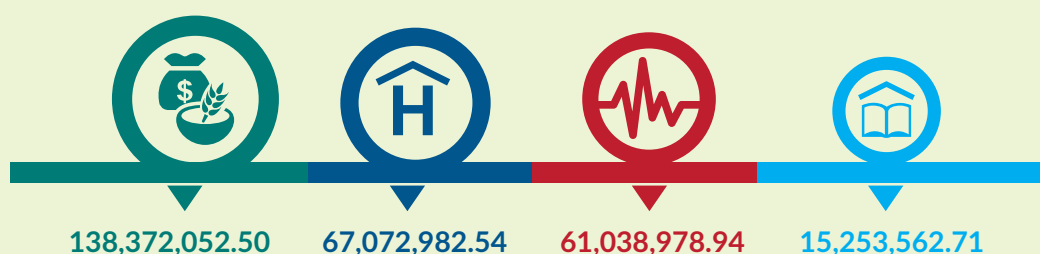
Water reservoir tank of the water system in Namja

According to the locals, several households including Harka Bahadur, who had discontinued farming due to water crisis, have now started cultivation of vegetables by the use of technology and practices introduced by the GOAL project and are also able to make some income.

Photo: Purna Lal Shrestha | Text: Sundar Gharti

EXPENDITURE

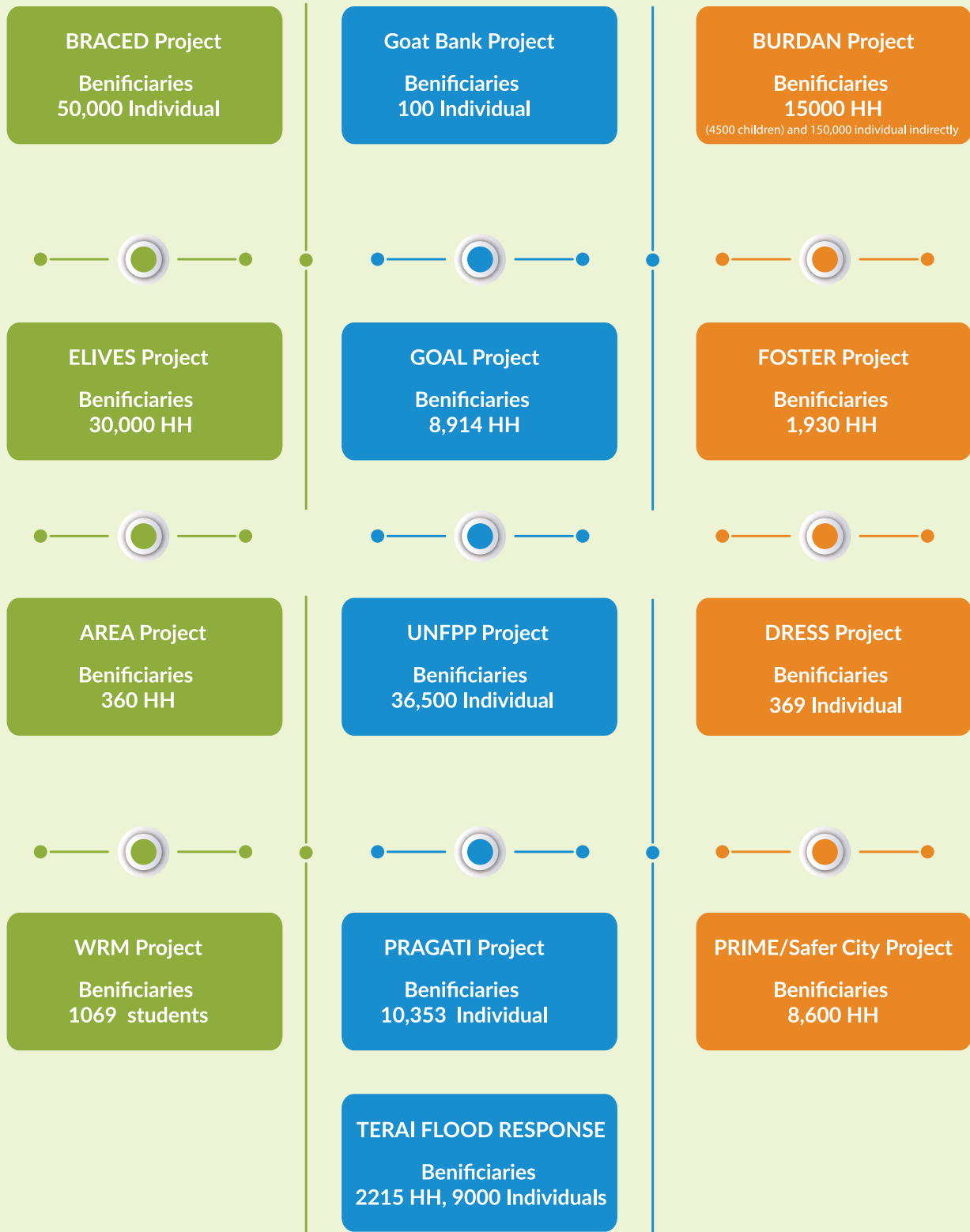
Expenditure by Sector (in NPR)



Expenditure by Project and Donor (in NPR)

GOAL PROJECT DFAT and ADRA Australia 21,615,051.55	FOSTER PROJECT CFGB , ADRA International & ADRA Canada 10,424,928.45	ADRA KOREA (WASH) PROJECT ADRA Korea 2,555,349.93
UNFPP & UNFPA SUPPORTED ACTIVITIES UNFPA 64,807,323.31	AREA PROJECT Swiss Solidarity & ADRA Switzerland 6,320,933.53	EMERGENCY RELIEF TO FLOOD AFFECTED PEOPLE JPF & ADRA Japan 4,254,487.23
ANUKULAN PROJECT UK AID and ADRA UK 9,623,850.88	BURDAN PROJECT ADRA Network 23,303,324.46	FLOOD RESPONSE IN CENTRAL TERA ADRA Network 11,237,736.12
UFE PROJECT ADRA International (ADRA Korea, ADRA Japan, Australia Private donor) 5,025,091.00	CONNECTION PROJECT Connection Team (ADRA UK & ADRA Austrilia) 7,515,695.78	PRIME PROJECT ADRA International 177,100.00
IPAC PROJECT EU and ADRA UK 6,895,081.84	GIFT CATALOGUE ADRA UK 586,779.00	LIVE MORE PROJECT ADRA International 328,236.00
ELIVES PROJECT UK AID and ADRA UK 92,529,278.13	NEMP - Upscaled PROJECT ADRA International 4,808,562.16	SCOOPING STUDY UK AID 5,109,339.00
HIRA PROJECT JPF & ADRA Japan 1,996,971.23	PRAGATI PROJECT ECHO 2,524,579.09	DRESS PROJECT ADRA Canada 157,426.00

OUR REACH



ACKNOWLEDGEMENT

The role of our funding partners and local implementing partners is highly valuable to enable ADRA Nepal to serve for the last three decades in Nepal. As we have still long way to go, we believe our partnership will be further strengthened in the days to come. We express our sincere thanks to the government of Nepal, donors including multilateral

and bilateral agencies, global ADRA networks, and implementing partners for contributing our mission to work with people in poverty and distress to create just and positive change through empowering partnerships and responsible action. We thank to the following partners with whom we worked together throughout the year of 2017.

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Development through resource management



TEAM ADRA NEPAL

Josue Orellana
Country Director



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Finance & Administration
Director



Bidya Mahat
Program Director



ADMINISTRATIVE COMMITTEE MEMBER



Ghanashyam Bhatta
Team Leader-Health



Suresh Pradhan
Team Leader-Business Development Unit



Salil Bhattarai
Team Leader-Livelihood





Photo : Frank Spangler

ADRA Nepal Country Office
Sanepa, Lalitpur, Nepal
Tel : +977 (1) 5555913/14
Fax : +977 (1) 5554251
Email : info@adranepal.org
www.adranepal.org

ADRA International
12501 Old Columbia Pike
Silver Spring, MD
20904 USA
www.adra.org



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