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ADRA International
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OUR MISSION
ADRA works with people in poverty and distress to create just and positive change through empowering partnerships and responsible action.

OUR VISION
ADRA Nepal is a professional, learning and efficient organisation that works with integrity and transparency.

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The Adventist Development and Relief Agency (ADRA) is a global network of independent humanitarian organizations established in 1984 by the Seventh-day Adventist Church for the specific purpose of providing individual and community development and disaster relief. ADRA Nepal was established in 1987. Since its foundation, ADRA Nepal has worked consistently throughout Nepal. In 2011 we have a presence in 29 of the 75 districts across the country, working with 11 non-government local partners as well as working with people from government and community based organizations to implement our projects. The work of ADRA Nepal can be divided into five themes: Health (especially Reproductive Health), Economic Development, Good Governance, Education, Disaster Risk Reduction and Emergency Management (which was not needed in 2011 thankfully). As much as possible ADRA works in an integrated manner to maximize the benefit to communities. ADRA Nepal serves people without regard to their ethnic, political or religious association and to simply help people in need, especially those most vulnerable such as women, children, and the elderly.
ADRA Nepal works in marginalized areas where health care issues are of a constant concern. This particular project helps combat the many health problems experienced in the remote far west districts of Darchula and Baitadi. ADRA Nepal concentrates on increasing the utilisation of reproductive health and basic public health services to conflict affected or disadvantaged populations by providing these communities with; Reproductive Health (RH) camps, Behavior Change Communication (IEC/BCC) activities and a range of advocacy and capacity building activities. The project was funded by the European Commission Humanitarian Aid Office (ECHO) through the United Nations Population Fund (UNFPA), and its implementing partners are; District Hospitals, Regional Health Directorate, District Women Office and medical and teaching hospitals for surgery.

Key achievements:

- 10,624 direct beneficiaries received health care services
- 6,568 beneficiaries received RH and gynecological services
- 1,543 clients received Sexually Transmitted Infections / Reproductive Tract Infections (STI/RTI) services
- 19,586 posters, pictorials, brochures were produced and distributed in an effort to promote prevention and treatment techniques relating to Reproductive Health (RH)
- 148 women received Uterine Prolapse (UP) surgical treatment

“While the abdominal pain appeared with foul smelling discharge, I thought it will perhaps one day disappear. But the large mass gradually fell down, causing much discomfort. Eventually I experienced difficulty in urination as well as walking – pain was just an everyday occurrence. At last, I thought that this problem cannot be cured and that I would have to live with this condition for the rest of my life. After building up some self-confidence, I decided to go to see the doctors. The doctor referred me for surgical treatment and I went to the TEAM hospital in Dadeldhura. With the help of ADRA Nepal, I received the Uterine Prolapsed (UP) operation and after 7 days of rest, the doctor said that I was physically well enough to be discharged from the hospital. It has taken 3 months of eating the correct diet and staying away from physical labour, but now, I am so happy to have a new and dignified life without any reproductive health problems. I am able to live with my family members with full dignity where I never feel any humiliation, even in a single moment. I wish to express my heart felt gratitude to ADRA Nepal and those who have contributed to my successful treatment, recovery and newly given life.

Anita Joshi, Sarmoli ward no 5 Darchula
“Working Together for Ensuring Reproductive Health and Recognition of Sexual Violence through Mobile Camps”

Working with disadvantaged communities, ADRA Nepal seeks to ensure that the immediate medical needs of women, adolescents and men are looked after. The project is funded by UNFPA and is implemented by ADRA Nepal / Himalayan Health and Environmental Services Solukhumbu (HHESS). Several key components included: provide basic and life saving medical service, emergency obstetric first aid, family planning, screening, counseling and referrals for Sexual Gender Based Violence (SGBV) as well as voluntary testing and counseling for HIV/AIDS and STIs through essential health/RH camps.

Key achievements:
- 15,158 beneficiaries received health care services from RH camps
- 2,842 patients were given STI laboratory services
- 973 clients received psychosocial counseling
- The project facilitated 417 women receiving Uterine Prolapse (UP) surgeries

The United Nations Trust Fund for Human Security

A joint project on “Delivering Essential Reproductive Health Care, Education and Counseling to Vulnerable Women and Adolescent Girls of Nepal affected by conflict” was formulated by UNFPA, UNICEF and WHO and is funded by UN Trust Fund for Human Security. The project is implemented by ADRA Nepal and local partners.

Key achievements:
- 10,835 direct beneficiaries received health care from RH services
- 9,493 beneficiaries received gynecological services
- 2,327 women received mobile camp counseling services
- 1,809 women received basic laboratory services
- 240 women received Uterine Prolapse (UP) surgical treatment

My life is CHANGED

Radha was scared that her problem might make a difference in the way her husband loved her. She thought it might make her friends and relatives discriminate against her. She found out about the ADRA RH project and after gaining courage, Radha decided to have the UP surgery in Nepalgunj Medical College Teaching Hospital, Kohalpur. After six months she came for the follow up in the second round camp at Kuchhi, Achha, with a smile on her face. Initially, she said that being a woman with uterine prolapse was a disgrace, but the camp had given her the opportunity to overcome her fear, “It changed my life” she said.
INTEGRATED DEVELOPMENT

Action for Social Inclusion of Children Affected by Armed Conflict in Nepal (ASIC)

The ASIC project is funded by the European Commission through ADRA UK, and is implemented by ADRA Nepal in partnership with ASTHA Nepal. The overall objective of ASIC is to contribute to the protection and promotion of the rights of former child soldiers and conflict affected children in Nepal. The socioeconomic and health indicators in Nepal were already amongst the worst in the world before the outbreak of conflict and ADRA is addressing those in the districts of Salyan, Surkhet, Rukum and Rolpa. Thousands of children were forcibly conscripted or became victims of rape, assault and other forms of violence. It was seen that children affected by these circumstances needed support and assistance to overcome the burdens that had been placed on their shoulders. In 2011, some of the activities that ADRA Nepal conducted were; literacy classes, vocational training sessions, psychosocial counseling as well as advocacy for reductions in child labour and human trafficking.

Key achievements:
• More than 74,600 people at national, district and community level have participated in various awareness raising campaigns
• Over 1600 children received direct psychosocial support
• 772 adolescents participated in 52 entrepreneurial classes
• 712 youth were trained as peer educators in the 4 program districts
• 4035 young people between the ages of 10 and 22 participated in the literacy and life skills program
• 800 children between the ages of 10 and 15 received educational materials and mainstreamed into formal education

SUCCESS STORY

Bimala Budhathoki (13 yrs old) lives in Dhakadam VDC in Salyan. There are 7 family members in her house including 3 children. Her father was killed by armed forces in 2002. He was the only ‘breadwinner’ for their family. Her family had to face the problem of little income after the death of her father and this affected the schooling of the children as well. She was 5 years old when her father was killed. Her mother was trying to continue the education of the children by doing others domestic work but she could not raise enough for all of her three children and finally, she decided to discontinue the schooling of her elder children and sent them out to work. So the children only used to go to school when there was no work available. In the mean time, the Action for Social Inclusion of Children Affected by Armed Conflict in Nepal (ASIC) project was launched in this area. Bimala was studying in class 6 in Laxmi Lower Secondary school but she used to go school irregularly. A six month long literacy and Life Skill education class started and she was nominated to attend. She got the opportunities to learn the things that she missed in her education while working along with some life skills. Bimala was encouraged to return to her formal education and she got a scholarship from the project to continue her study. She has passed class 6 and is studying in class 7 and going school regularly. She thanks ASTHA Nepal and ADRA who have given her regular support for her studies through the ASIC project.
Poverty Reduction through Sustainable Economic Development (SED)

The SED project was implemented in the Dang and Salyan districts of the Mid-Western region of Nepal specifically to improve levels of health, education and economic development. The project was aimed at offering women access to literacy programs, agro-based vocational training, as well as training to improve their knowledge on food security, farming and marketing skills. This project is funded by the Ministry of Foreign Affairs and Trade (MFAT) of New Zealand’s Aid Program and is implemented by Backward Society Education (BASE) Nepal.

Key achievements:

- 40 Post Level Literacy (PLL) committees were formed
- 40 Behavior Change Communication (BCC) training sessions were given to each of the PLLs. A Total of 1203 people participated in the training
- 3,196 trees were planted in a community plantation
- A total of 1025 people were involved in group savings
- 4120 beneficiaries were involved in different day celebrations like DRR day, International Child Rights day, World AIDS day and 16 days of campaigning against violence to women
- 105 participants have installed Improve Cooking Stoves in Dang and Salyan districts

SUCCESS STORY

"After the Behavior Change Communication (BCC) workshop, I knew that to take tobacco, cigarettes and alcohol was a very bad habit and that this was affecting my health, so I decided to give up all these bad habits. Before this training I used to have a minimum of 3 cigarettes and a packet of tobacco every day. I was addicted to alcohol and I was unable to live without it and for this my husband used to beat me. But now I have a good relationship with my family and friends. I’m also involved in a savings group instead of my previous unnecessary expenditure."

Literacy participant, Tarigaun 9, Dang

I am CHANGED
INTEGRATED DEVELOPMENT PROGRAM

Sustainable Economic and Environmental Development (SEED)
The heavy monsoon of 2007 took 94 lives and left many displaced in the Kailali, Banke and Bardia districts of western Nepal. Even prior to this disaster local communities lacked education, employment opportunities and proper health care. The SEED project was implemented to assist local communities in the areas of reproductive health, education, economic development, good governance and emergency response. ADRA Nepal organised these literacy programs, savings groups, and improved the levels of water and sanitation. Focus was also given to the sustainable management of environmental and natural resources along with increased leadership capacities of local governing bodies.

Key achievements:
• 903 people participated in literacy classes and 92% of these participants can now read and write and solve general mathematical problems.
• 1133 farmers received three days of kitchen gardening training.
• 309 beneficiaries received 3-5 days agro based vocational skill training
• 69 participants have made bio-gas stove and 31 (3%) have made improved cooking stove (ICS).

SUCCESS STORY

Sunita used to think that woman were limited to the domestic chores like cooking, cleaning, washing and collecting firewood. She thought that external jobs were for men only. This changed when she began taking the literacy lessons. She started sharing the things learnt with her family and friends but her husband was not very supportive of the idea of her working with him. However, as time went on she was able to convince her husband to let her work with him, and he also helped with the domestic chores that she had to do. So, together, they were working with each other, this improved their relationship and now they make decisions together.

Sunita Tharu, 44, Shibapur-4 Mohanpur of Bardia district.

Integrated Economic Development Project for Vulnerable Communities
ADRA Nepal works to empower the socially excluded and economically marginalised women in vulnerable communities in the Kapilvastu and Palpa districts of Nepal. This project was funded by ADRA Australia and implemented by ADRA Nepal in partnership with Indreni Rural Development Centre (IRDC). The project’s key components include; literacy programs, saving and credit groups, the reduction of gender disparities, creating employment opportunities and the management of natural resources.

Key achievements:
• 1018 participants practicing regular saving and saved Rs 15,37,991
• 476 women are in decision making level at community level
• 126 women received citizenship certificate
• 1306 participants received kitchen garden training and 1007 kitchen gardens have been in regular use
• 963 Improved Cooking Stove have been installed and are in regular use
• 475 permanent toilets were constructed
• Average annual income increased to Rs 74,300 from Rs 50,900 (46% increase over 3 years).

I am EMPOWERED
Leadership and Good Governance (LeGGo II)

ADRA Nepal works with communities to improve the management and leadership capacities of district officials and community representatives. Through a series of workshops and training sessions, participants are able to develop their own projects in partnership with their local community and submit these proposals to local governing bodies and receive funds in order to complete their desired objective. ADRA Nepal provides the training sessions as well as a small grant to begin these “Challenge Project” but participants are required to strengthen their linkages with various communities, agencies and organisations in order to receive financial support. This project is funded by ADRA Australia and is implemented by ADRA Nepal and its partner RIMS-Nepal (Resource Identification and Management Society – Nepal).

Key achievements:
The development of 90 VDC level Challenge Projects which address a range of sectors:
- 70 goats and 16 piglets distributed under the Agriculture/livestock project
- 11 km foot trails constructed and 4.5 km road extended
- 1 drinking water and sanitation challenge project completed
- 6 rain water collection tank constructed
- Formal school building renovated in 4 VDCs
- 5 km irrigation drain repaired
- 405 toilets constructed

SUCCESS STORY

The community agreed to contribute labour work. So the project was initiated and we repaired the two km foot trail. The estimated budget for this project was NPR 70,000/-. Each household provided 2 to 3 days of labour contribution to the project. The local people say that now the trail has been repaired and they can easily walk to collect drinking water. They heartily thanked Ishwori and her friends for their valuable initiation which will have impact for a long time.

Ishwori Tamang, 34, a challenge project team member in Chapakhori VDC, Kavre

We are ENCOURAGED
**Strengthening Disaster Risk Reduction Capacities at Community and District Level in Northern India and**

The severe impact of natural disasters in more recent years has resulted in the increased vulnerability of communities in Dang, Salyan and Rukum districts. ADRA Nepal formulated the DRR project to strengthen the capacities of local communities and institutions to plan, implement and monitor activities for disaster preparedness and mitigation. It planned to also improve and increase community resilience and reduce current vulnerabilities such as insufficient flood protection infrastructure. This project is funded by ADRA Germany (ADH) and implemented by ADRA Nepal and partner Nepal Red Cross Society district chapters.

**Key achievements:**

- 1076 community members participated in the first awareness program on disaster preparedness.
- The formation of 16 Community Disaster Management Committees (CDMCs) in 8 VDCs.
- 184 members of the community are actively involved in the 16 CDMCs.
- 5 different types of task force (Early Warning, First Aid, Light Search and Rescue, Shelter Management and Water and Sanitation) selected by community.

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**United For Education Program**

ADRA Nepal has been implementing the project “United For Education” from October 2010 with funds provided by ADRA Japan and Glenys Chapman (Australian donor). The objective of the project is to improve the educational status of the poorest of the poor, orphaned and underprivileged children in Nepal. With this funding, ADRA Nepal has provided scholarships to 313 students of Kavre, Kathmandu and Lalitpur Districts of Nepal in educational year 2010/2011 (2067 BS).

**Key achievements:**

- 370 students sponsored by ADRA Nepal passed their final exams.
- 313 students received educational materials and supplies.
- 40 student involved in the UFE project passed their SLC (Year 10) exams.
- The UFE project encompasses 21 government schools in Kathmandu, Bhaktapur and Lalitpur districts.
ADRA Nepal understands that it is the human resources that can make a difference in an organization’s Performance. Thus, to enhance the capacity of its human resources, ADRA Nepal extensively provided many human resource development programs in 2011. In addition to trainings conducted as per projects requirements, it has also managed to identify strategic training needs of its staff and organized trainings for them. Some examples of capacity building trainings in 2011 are as follows:

• Gender Awareness Training of Trainer for 36 participants on 4-7 January
• Master Training of Trainer on Leadership & Good Governance for 31 participants (including government officers) on 6-11 March
• ADRA Nepal staff Team Building Workshop on 5-7 April
• Simon Lewis, Bidya Mahat and Arunima Kayastha attended the Fund Raising & Partnership Management Training on 18-22 April
• Sushila Tandukar and Heru Barahi attended Sunplus Training on 25-29 April
• Non-formal Education Leadership training attended by 33 participants on 8-11 April and 20-24 April
• Result Oriented Leadership Development training for 27 participants on 27-30 April
• Gender Based Violence training for 38 participants on 13-18 July
• Appreciative Inquiry Training for 38 participants from 26-27 July and 14-18 August
• 27 staff attended Strategic Planning Workshop from 23-25 August
• 35 participants attended Behavior Change Communication (BCC) training on 13-17 September and 18-20 September
• Staff from RH project attended Minimum Initial Service Package (MISP) training on 25-27 and 16-18 October
• 12 staff from RH project attended appreciative inquiry training on 19-20 October
• Laxmi Udas Karki participated in ADRA Australia Partnership Workshop in Thailand on 17-21 October
• 12 staff from RH project attended Personal and Professional Excellence training on 18-20 October
• 15 staff attended UP surgical training on 11-13 November
• 13 staff attended training on Advocacy on 15-16 November
• 32 staff, partner and government stakeholder attended Administration and Finance Training on 5-8 December

ADRA Nepal also has organized many in-house trainings, information and knowledge sharing programs in 2011, and has sent relevant staff to attend many important trainings/workshops and sharing program conducted by Association of International NGOs Nepal (AIN) and other training institutes which also has contributed in capacity development of our staff.

International Visitors

1. Mr. Howa Avan Nomayo, Program Team Leader, ADRA UK, 16-25 January 2011
2. Mr. Bert Smit, Country Director, ADRA UK, and Frank Spangler, 21 Feb-1 March 2011
3. Mr. Michael P Rao and Mathew, Southern Asia Division, SDA church, 11-21 April 2011
5. Ms. Glenys Chapman, Private donor, Australia, 22 April-7 May 2011
6. Mr. Denison Gremill, International Program Manager, ADRA Australia, 12-21 July 2011
7. Ms. Mai Ogawa, Program Manager, ADRA Japan, 18 July-12 Aug 2011
8. Mr. Atsushi Suhara, Program Officer, ADRA Japan, 12 July-11 August and 1 November - 20 December 2011
10. Mr. Marc Andre Hensel, Regional Coordinator, Asia West, ADRA Germany, 22-30 August 2011
11. Mr. Jair Parada, Finance Director, ADRA Asia Regional Office, 22-26 August 2011
12. Mr. Daniel Dos Santos, Director, ADRA Asia Regional Office, 22-26 August 2011
13. Mr. Robert Cooke, Director Finance Compliance, ADRA International, 16-23 September 2011
14. Mr. Prakash Thakur, DRR Project Coordinator, 20-30 August and 17-12 October 2011
15. Mr. Brad Watson, Senior Lecture and team, Avondale College Australia, 1-15 December 2011
16. Mr. Yasunari Urashima, Country Director, ADRA Japan, 14 November-26 December 2011
## INTEGRATED PROGRAMME SUMMARY 2011

<table>
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<tr>
<th>S.N</th>
<th>Name of the Project</th>
<th>Duration</th>
<th>Donor(s)</th>
<th>No. of Beneficiaries</th>
<th>Districts</th>
<th>Partner(s)</th>
<th>Total Budget (USD)</th>
<th>Expenses of 2011 (USD)</th>
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<td>09/08-04/11</td>
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### Donor/Country Summary

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<td>4%</td>
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<tr>
<td>UNESCO</td>
<td>27,042</td>
<td>1,974,050</td>
<td>1%</td>
</tr>
<tr>
<td>Others</td>
<td>17,802</td>
<td>1,299,523</td>
<td>1%</td>
</tr>
<tr>
<td>ADRA International</td>
<td>14,865</td>
<td>1,085,126</td>
<td>1%</td>
</tr>
<tr>
<td>ADRA Japan</td>
<td>7,500</td>
<td>547,500</td>
<td>0%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>2,075,052</strong></td>
<td><strong>150,046,701</strong></td>
<td><strong>100%</strong></td>
</tr>
</tbody>
</table>

### Sector Summary

<table>
<thead>
<tr>
<th>Sector</th>
<th>USD</th>
<th>NPR</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health</td>
<td>1,272,331</td>
<td>91,448,096</td>
<td>61%</td>
</tr>
<tr>
<td>Economic Development</td>
<td>658,525</td>
<td>48,072,313</td>
<td>32%</td>
</tr>
<tr>
<td>Disaster Risk Reduction (DRR)</td>
<td>81,988</td>
<td>5,985,093</td>
<td>4%</td>
</tr>
<tr>
<td>Education</td>
<td>62,208</td>
<td>4,541,199</td>
<td>3%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>2,075,052</strong></td>
<td><strong>150,046,701</strong></td>
<td><strong>100%</strong></td>
</tr>
</tbody>
</table>

### Auditor’s Report

We have audited the accompanying balance sheet of Adventist Development and Relief Agency (ADRA) Nepal as of June 30, 2011 and the related income and expenditure account and fund accountability statement for the year then ended. These financial statements are the responsibility of management of ADRA Nepal. Our responsibility is to express an opinion on these financial statements based on our audit.

We conducted our audit in accordance with Nepal Standards on Auditing. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statement is free of material misstatement. An audit includes examining on test basis evidence supporting the amount and disclosures on the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statements presentation. We believe that our audit provides a reasonable basis for our opinion.

In our opinion, the financial statements for the period covering from July 01, 2010 to June 30, 2011, which are prepared in accordance with the accounting policies set out in the notes to accounts, are in agreement with the books of accounts and reflect truly and fairly the activities and the status of ADRA Nepal’s operation for the above mentioned period.

Date: September 30, 2011
Place: Kathmandu, Nepal

CA Sudhir Mool
Partner
Donors, Implementing Partners, Networks and CBOs

GOVERNMENT PARTNERS
• DISTRICT DEVELOPMENT COMMITTEES
• DISTRICT DISASTER COORDINATION COMMITTEES
• DISTRICT EDUCATION OFFICES
• DISTRICT HEALTH OFFICES
• DISTRICT WOMEN DEVELOPMENT OFFICES
• FAMILY HEALTH DIVISION
• MINISTRY OF EDUCATION
• MINISTRY OF HEALTH AND POPULATION
• MINISTRY OF HOME AFFAIRS
• MINISTRY OF WOMEN, CHILDREN AND SOCIAL WELFARE
• NATIONAL PLANNING COMMISSION
• REGIONAL HEALTH DIRECTORATE (MID & FAR WEST)
• SOCIAL WELFARE COUNCIL

DONORS
• ADRA AUSTRALIA
• AUSTRALIAN GOVERNMENT
• ADRA INTERNATIONAL
• ADRA JAPAN
• ADRA NEW ZEALAND
• NEW ZEALAND GOVERNMENT
• ADRA UNITED KINGDOM
• EUROPEAN UNION (EU)
• ADRA GERMANY
• AKTION DEUTSCHLAND HILFE (ADH)
• EUROPEAN COMMISSION HUMANITARIAN AID DEPARTMENT (ECHO)
• UNITED NATIONS POPULATION FUND (UNFPA)
• PRIVATE DONORS

IMPLEMENTING PARTNERS
• ASSOCIATION FOR SOCIAL TRANSFORMATION AND HUMANITARIAN ASSISTANCE (ASTHA) NEPAL
• BACKWARD SOCIETY EDUCATION (BASE)
• BIRAT NURSING HOSPITAL
• INDRENI RURAL DEVELOPMENT CENTER NEPAL (INDRENI)
• NEPALGUNJ MEDICAL COLLEGE TEACHING HOSPITAL (NMCTH)
• RESOURCE IDENTIFICATION AND MANAGEMENT SOCIETY (RIMS) NEPAL
• SAFE MOTHERHOOD NETWORK FEDERATION (SMNF) NEPAL
• SCHEER MEMORIAL HOSPITAL (SMH)
• TEAM HOSPITAL DADELDHURA,
• HUMAN DEVELOPMENT AND COMMUNITY SERVICE (HDCS)

LOCAL LEVEL PARTNERS
• COMMUNITY LEARNING CENTER
• DRINKING WATER USER GROUP
• FARMERS CLUB
• HEALTH FACILITY MANAGEMENT COMMITTEE
• LIVESTOCK INSURANCE GROUP
• LOCAL DEVELOPMENT FUND (LDF)
• MILK PRODUCER COOPERATIVE
• MOTHER GROUP
• VEGETABLE PRODUCERS COOPERATIVE
• VILLAGE LEVEL COOPERATIVE
• WOMEN SAVING AND CREDIT GROUP
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Bidya Mahat
Program Director

Yuba Raj Chaudhary
Finance and Administration Director

Arunima Kayastha
Human Resource Manager

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Photographs: ADRA Nepal project staff